

OUTREACH



To The Superannuated Teachers
of Saskatchewan

President's Report

Siegrid Schergel

Rambling Thoughts

I've always thought of myself as a "late adopter," almost a bit of a Luddite where technology is concerned and didn't realize how much the computer has become part of my existence until I was editing my final draft of *Spotlight on Superannuates* for the January Saskatchewan *Bulletin*. When I retired, I bought a computer out of frustration with my typewriter—when I had to type a letter the text would not move and it couldn't spell check. Then I discovered gaming. I still love those city-building games! Next, it was the internet. Somehow checking my e-mail has become a regular part of most days. Thanks to Google and Wikipedia I can satisfy my curiosity immediately about almost anything...How can I rid my garden of slugs once and for all? (I can't.) Wasn't Angela Merkel an economist? (No, she wasn't.) How do the Iowa caucuses work?

The *Spotlight on Superannuates* column, "So You're Turning 65?", references both the STF and the Government of Canada websites for information about what happens with our pensions when one turns

65. Rather than summarize, restate or paraphrase the information, I just outlined how to access it. I hope that is sufficient to meet the needs of most readers. It certainly is easier to write without having to worry that I have misstated, misinterpreted or misunderstood what was said. For those without computers, possibly the Support Services contact person in your chapter can help you access the sites, or there are also the free public access computers at your local library.

Executive Meeting Highlights

Following the Committee meetings on Tuesday, January 15, and Wednesday, January 16, 2008, the Executive met on Thursday, January 17 for its regular meeting. Details of the various discussions are outlined elsewhere in this issue, but I would like to draw a number of them to your attention.

- Information will be mailed to Chapter Presidents regarding the Annual General Meeting, May 13-15, 2008.
- The Extended Health and Dental Plan Contract will be renegotiated in 2008. If you have benefits you would like to see considered in the new contract, please forward them in writing to the STS Office.
- The Budget, Finance and Audit Committee will review all STS sources of revenue including membership fees.

- The *Outreach* committee is exploring possible ways to reinstate the In Memoriam column in *Outreach*. Thank you for your thoughtful e-mails, calls and correspondence on this issue.
- The Executive adopted the Report on Bylaw 3: Elections, Terms of Office and Vacancies. Copies are being forwarded to Chapter Presidents for information.
- Resolutions received before the March Executive meeting will be published in the March edition of *Outreach*.
- Information about the disposition of resolutions from the 2007 AGM is outlined in this issue.
- Nominations for Provincial Executive positions can be forwarded to Horst Sawatzki.

Conclusion

Happy New Year! May 2008 be a wonderful year for all of us. Thank you to Assiniboine, Midlakes, Shamrock and Unity Chapters for the invitations to your Christmas parties. Unfortunately, I had to cancel attending two of them because of weather. But frankly, on both occasions I was glad to be at home—looking out on the weather, not driving in it! However, Spring will be upon us before we know it. I hope.

Annual General Meeting

35th Anniversary of Superannuated Teachers of Saskatchewan

Shirley Dyck/Darlene McCullough

The Annual General Meeting will be held in the **Travelodge Hotel in Saskatoon on Tuesday May 13 to Thursday May 15, 2008.**

Entertainment: On Tuesday evening, our delegates will be royally entertained with a talented performance by Martin Janovsky. Martin is a Canadian musician and composer educated in Czechoslovakia. He teaches and records in Saskatoon. In his performance, he will blend his exceptional musical skill with his wonderful sense of humor. I know we can all look forward to a rousing start to our AGM.

Interest Sessions: On Wednesday, we will be offering five interest sessions. Delegates may attend three.

- A Tale of Two Futures: Saskatchewan 1905 and 2005 – presenter Dr. Bill Waiser, U of S, History Department.
- Wills and Power of Attorney - presenters Karen Tzupa and Trevor Kehrer, TCU Wealth Management
- Forever...*in motion* – A Healthy Life Choice – presenter Linda Martin, Director of In Motion Program and Janet Barnes Saskatchewan Health Region.
- Gang Activity – presenter Harvey Thunderchild, Saskatoon City Police.

- Implications of Buying and Selling a Condo - presenter Jayme Ruth Mitchell, Public Legal Education Association.

Chapter Presidents: You will be receiving a package of information soon. Please send your list of delegates to the STS Office by March 15. The Executive has calculated that the attendance formula for this year will allow each Chapter to send two delegates for the first 50 paid members or portion thereof, and one additional delegate for each additional 50 paid members or portion thereof.

Please send your Chapter Reports to the STS office by April 15, 2008 and your list of Chapter Awards by May 1, 2008.

Budget, Finance & Audit

Jim Sego

The proposal for a Direct Cost Services Arrangement (actual cost for space and services) between the STF and STS has major implications for budgeting. In light of the additional cost the Budget, Finance and Audit Committee is reviewing all the STS sources of revenue with regard to planning a final budget for the AGM including membership fees.

Group Benefits

Horst Sawatzki

If you wish to view your claims account through Saskatchewan Blue Cross you may do so by accessing the website www.sk.bluecross.ca

You will be prompted to follow the link and will be given a personal access code.

If you have any concerns or questions please call the STS office at (306) 373-3879.

Honorary Life Membership

Darlene McCullough

Attention: Chapter Presidents

Nominations for Honorary Life Memberships must be submitted to the STS office by February 14, 2008. If you have worthy candidates for these awards, ensure that the nominations are submitted well before that deadline. Please check the *Policy Handbook* pages 38 and 39 for the required information and for the correct format of the nomination. If you have any questions or you require additional information please contact Darlene McCullough at (306) 873-2030 or email at darlene.mccullough@sasktel.net.

Support Services

Calvin Bachmeier

Please visit the website for more information:
www.sts.sk.ca/support_services

Nominations

Horst Sawatzki

As per the Policy Handbook, Page 5, Number 1: Nominations are called to elect the following Executive: President, Vice-President, Five Councillors, Seven Members-at-Large, and an ACER-CART Representative.

Nominations will be received until nine o'clock in the morning of the day elections for the STS Executive are held.

STS Nomination Form – 2008 Executive

Please accept **this** nomination for the _____
(Position)

on the Executive of the Superannuated Teachers of Saskatchewan.

(Candidate's name – Print)

(Candidate's Signature)

Date: _____, 2008

Forward to: Horst Sawatzki, Nomination Chairperson
Box 1167, Moosomin, SK S0G 3N0
Email: h.j.s@sasktel.net

Or contact the STS Office for a nomination form.

Resolutions

Jim Sego

Resolutions passed at the 2007 AGM have been submitted to the organizations to which they were directed. STS has carried out its study of Elections Procedures and has approved the report which will be forwarded to Chapter Presidents for information.

The ACER-CART resolutions were adopted at the ACER-CART AGM. We are awaiting formal written replies to all the remaining resolutions.

Chapter Presidents and STS members are reminded that resolutions received by the Resolutions

Committee by March 1, 2008 will be printed in *Outreach*. All resolutions submitted prior to the AGM will be submitted to delegates. Resolutions are the means that the Members have to advocate for their favorite positions and the means of getting support from fellow retired teachers. Please use this tool! If you need help with a resolution contact Jim Sego, resolutions chairperson, at (306) 228-3981. If you need a form for submission and/or the guidelines for submission, contact your Chapter President or the STS office.

Retirement Lifestyles

Shirley Dyck

The 2008 Showcase, Honour our past, Sculpt the future, will be held in Regina and Saskatoon in February. The Retirement Lifestyles Planning Committee is pleased to have the opportunity to participate and to welcome teachers who are considering retirement. This could also involve spouses/partners/significant others. The STS will be offering four, two hour sessions at both Showcases. Presentations will be held in Saskatoon on February 21 and 22 and in Regina on February 26 and 28.

McDowell Foundation Report - Maxine Stinka

This was the 13th annual Learning From Practice Exchange sponsored by the Dr. Stirling McDowell Foundation. The theme this year was "Connecting Research and Assessment and following the initial introductions and greetings, there was a keynote presentation by Janet McVittie and Shelly Loeffler entitled "The Effects of Assessment on the Love of Learning". Lyle Vinish introduced the 2007 McDowell Foundation Award recipient Don Black who has been a supporter of the Foundation since its inception and was important in building the foundation by soliciting donations from various businesses across Canada.

In one research project (Guided Reading Strategies to Improve Students' Critical Thinking Skills in Grades Three, Four, and Five), teachers from St. Olivier School in Radville grades 3-5 found that guided reading gets students thinking critically and creatively. The enthusiasm of the researchers was infectious as they indicated how much they had learned in doing the research.

"The Road to Finding Rewarding Careers for Youth with Cognitive Disabilities" is the topic of the research being done by Vickie Reiman and Patricia Walker of Regina. They described a program

offered at Campbell Collegiate for students with mild cognitive disabilities. The research has taken longer than they first anticipated but they are now finding positive results from the changes made. Both were extremely enthusiastic about the research and the opportunity the McDowell Foundation grant provided to them.

For the afternoon session, Ian Krips, SPDU, made a presentation on "Continuing the Journey: How to Engage Schools in Ongoing Action Research. He suggested that action research is a powerful tool for facilitating inquiry and reflection."

Councillor's Report

Margaret Martin

Superannuated teachers who have elected to continue their coverage under the Teachers' Group Life Insurance Plan and continue to pay the premiums will have, prior to age 65, coverage of \$144,000.00 Term Life Insurance and the same amount of Accidental Death and Dismemberment Insurance. After age 65 to age 75, they have \$16,000.00 Term Life Insurance by continuing to pay the premiums. Guidelines for Term Life Insurance coverage for superannuates ages 75 to 85 will not be in place before September 2008.

Please note that this information corrects information that was incorrect in the November/December 2007 issue of *Outreach*.

The Travelling Diabetes Resource Program for Saskatchewan

is looking for capable volunteers to assist in delivering diabetes awareness, prevention, and management presentations throughout the province. Training is provided.

Contact: Tracey Briggs, 917A Albert Street, Regina, S4R 2P6, (306) 584-8445 ext 227 or email tracey.briggs@diabetes.ca

Cost of Living Adjustment

All superannuates who have received an allowance from the Teachers' Superannuation Commission or the Saskatchewan Teachers Retirement Plan for the full 2007 year will have their allowances adjusted upwards by 1.6% effective January 1, 2008. Superannuates who have received an allowance for less than the full 2007 year will have their increases prorated.

The Seniors' Information Hotline: 1-888-823-2211

Please Note: This is not an STS hotline. This is a general hotline for all seniors.

Saskatchewan HealthLine: 1-877-800-0002

Surgery Wait Time Hotline:

Saskatoon Health Region: 1-866-543-6767 / Regina-Qu'Appelle Health Region: 1-866-622-0222

STS Recreation Committee Report

Calvin Bachmeier



Upcoming Events

Recreational Activities Participation STS Style . . .

Bowling

(registration form following)
Location: Glencairn Bolodrome,
Regina
Date: **May 1 & 2, 2008**
Contact: David Statt
Phone: (306) 761-0824

Golf

(registration form following)
2008 STS Golf
Location: Maple Creek/
Cypress Hills
Date: **June 16 & 17, 2008**
Host: Maple Creek-Medicine
Hat Chapter
Contact: Nancy Dobson
Phone: (306) 662-2730

Fishing

2008 Host—Moosomin Chapter
willing to host, if no other bids
are submitted

Curling

2008 Host—Saskatoon
Location: Sutherland Curling
Club, Saskatoon
Date: **November 4 & 5, 2008**
Contacts: Bill Meger
Phone: (306) 249-1329
Vic Anton
Phone: (306) 373-1447

Kaiser

2008 Host—Prince Albert
Contact: Con Honish
Phone: (306) 763-6633

2009 Host—Unity

Bridge

2008 Host—Regina
Date: **October 2008**
Contact: Amber MacLeod
Phone: (306) 586-2785

2009 Host—Saskatoon

If Chapters are interested in hosting provincial events, please contact the STS office or a member of the Recreation Committee. We would also be open to any proposals for new events.

STS Provincial Golfing Tournament

June 16 & 17, 2008 • Maple Creek Golf Course and Cypress Hills Golf Course
(Both courses are 9 holes)



PRE-REGISTER BY MAY 30, 2008

First 72 Paid Golfers Accepted

Cost: \$100.00 Includes 2-18 hole rounds, Monday at Cypress Park Golf Course and Tuesday at Maple Creek Golf Course; a banquet on Monday evening at Cypress Park Resort Inn. (Cart rental is available at each course if you wish.)

Extra banquet tickets are available at \$25.00.

Accommodations: Cypress Park Resort Inn (at the provincial park) (306) 662-4477; Cypress Hills Motor Inn (in Maple Creek) (306) 662-2639; Maple Creek Motor Inn (in Maple Creek) (306) 662-4431; Maple Grove Motel (in Maple Creek) (306) 662-2658; Commercial Hotel (in Maple Creek) (306) 662-2673

(Please note, our block of rooms at the Cypress Park Resort Inn is only on hold until April 20, 2008, so book your room early.)

Camping: Cypress Hills Interprovincial Park Willowbend Campground (in Maple Creek)
Eagle Valley Park Campground (on Highway #1 approx. 12 kms from Maple Creek)

Contact: Nancy Dobson
(306) 662-2730

Return completed registration form and fees to:
Nancy Dobson, Box 344,
Maple Creek, SK S0N 1N0

We hope to see you here in the southwest to join in the fun of the tournament and to enjoy all the area has to offer. Be prepared to stay for a few extra days!

Registration Form

Name _____

Address _____

Phone _____

email _____

Extra banquet tickets _____ X \$25.00 = \$ _____

Age if in senior division _____ (Must be 70+)

Handicap OR average 18 hole score _____

Cart rental required? Yes _____ No _____

Please make cheques payable to Maple Creek-Medicine Hat Chapter STS.



STS 2008 Bowling Registration Form

Glencairn Bolodrome – 1620-9th Ave. East, Regina, SK
Thurs. May 1 & Fri. May 2, 2008

Surname: _____ First Name: _____

Address: _____

Postal Code: _____ Phone number: _____

Team Registration

Team Name: _____

Team members:

1. _____ Phone: _____

2. _____ Phone: _____

3. _____ Phone: _____

4. _____ Phone: _____

5. _____ Phone: _____

Tournament Fees _____ x 45.00 = _____
(includes bowling, 1 banquet, 1 luncheon)

Extra Banquet Tickets _____ x 17.00 = _____

Extra Luncheon Tickets _____ x 7.50 = _____

TOTAL ENCLOSED = _____

Mail entries to:

STS Bowling 2008
David Statt,
38 Dale Crescent,
Regina, SK
S4N 5J7
Phone: (306) 761-0824

- * make cheques payable to: STS Regina Chapter
- * register as a full team, a partial team or as an individual
- * registration deadline is April 15, 2008; limit - 80 bowlers

Hotels

Howard Johnson Inn – 110 Victoria Ave. East (306) 565-0455
(10 rooms for STS Bowling - \$75.00/night)

Victoria Park Inn – 2050 Victoria Ave. East 1-877-902-1366

Country Inns – 3321 Victoria Ave. East 1-800-456-4000

Holiday Inn – 1800 Prince of Wales 1-866-789-3883

Days Inn – 3875 Eastgate Drive (306) 522-3297

Spotlight on Members

Submitted by Elsie Mironuk
Regina Chapter



Estelle Anthony with her ESL class for children at Thomson School.

ANTHONY – The family of Estelle Anthony is saddened by her passing on Sunday, August 26 at age 82. Born of Scottish immigrants in the family home in Rouleau, Saskatchewan on July 23, 1925, Estelle's childhood and early adult years were spent in Moose Jaw. After graduating from Normal School (Teacher's College) in 1945, Estelle took her first teaching position in a one-room schoolhouse just a few miles from Bellbeck, Saskatchewan, teaching Kindergarten through Grade 8. Estelle returned to Moose Jaw in 1947 to teach English to recently landed immigrants: it was here that she first discovered her love of language instruction and life skills training to our nation's newest residents. In 1950 she joined her parents in Calgary to assume the role of Vice Principal at King Edward School, and less than a year later returned to the place and position she loved - as the sole Immigrant-English instructor at Moose Jaw's Technical School. In 1960 she moved to Regina with her family and worked as an English

Instructor at the Regina Vocational Centre at Saskatchewan Government House. She would find her calling in 1972 when she began teaching new immigrant children at Thomson School in the heart of Regina's inner city. Estelle enjoyed her years at Thomson, and remained there until her retirement in 1991. As the daughter of immigrants, Estelle committed herself fully to the needs of new Canadians. When she became frustrated with the lack of government assistance for Canada's new residents in 1976, she founded Regina Open Door Society. A "safe house" of sorts, Estelle worked long volunteer hours, to help thousands of immigrants seek assistance for a variety of life needs. In 1982, she saw the need for additional instruction for adult immigrants, so Estelle lobbied the educational community to provide more trained teachers in this area. S.C.E.N.E.S. (Saskatchewan Council for Education of Non-English Speakers) arose from her efforts. During her career she continued to further her education, attending night school

classes at the University of Regina. Over a span of eleven years, she continued her secondary education, attaining her Bachelor of Education at age 60, and, at 67, her Bachelor of Arts. After her "retirement", Estelle continued to make a contribution to the English as a Second Language Program, serving as Executive Director of S.A.M.E. (Saskatchewan Association for Multicultural Education), in a full-time volunteer position. Teaching was her life's work and a vocation that gave her great pleasure and tremendous gratification. Estelle spent her life giving of herself to others: she spent many years as a volunteer canvasser for a long list of worthy causes; she was an active participant in Kinettes and K-ettes, was recognized as a Red Cross "Life Saver" for her 50+ donations of blood, and was a tireless organizer of R.P.S.T.A. (Regina Public School Teachers Association) Superannuates Teachers' Association, as the phone captain, as well as, the organizer of knitted items destined for newborns at the Regina General Hospital. Although her achievements in education and community work were many, she was most proud of her four daughters, grandchildren and great grandchild as well as her sons-in-law – they were the focus of her energy, enthusiasm and exceptional generosity. Estelle sought comfort in her large family as well as in her garden – where she spent countless hours tending her vast array of flowers and vegetables, among her favourites were the many-coloured roses and prairie lilies. For all who had the pleasure to know her – Estelle's quick wit, humour and remarkable spirit will not be forgotten.

From The Editor's Desk

We have had many comments about the discontinuation of the "In Memoriam" column. This is greatly appreciated. This issue is also being looked at further to see if we can in some way continue this service. Thank you for your understanding and patience.

Our Annual General Meeting is fast approaching and as stated in this issue, a call is going out for resolutions and nominations. A debate and/or discussion is what keeps an association alive and "moving". Consider "running" for one of the positions. What a great way to learn about the workings of an association!

The Support Services Committee is working on establishing a "clearing house" of programs that could be presented to your Chapter. If in the past you have had a wonderful, inspiring and/or fun presentation, that of course did not cost too much money, please let the Committee or the STS Office know. The Committee also offers the "grant" to help alleviate some of the costs of these presentations. More than one Chapter may wish to get together and have one presentation. Send in your request to the Office and consideration will be given to it.

The ABC's of Living:
Appreciate More
Breathe
Complain Less

Shirley

STS Executive 2007-2008

President/Councillor	Siegrid Schergel	Moose Jaw Chapter
Vice-President/Councillor	Jim Sego	Unity Chapter
Past President/Councillor	Horst Sawatzki	Moosomin Chapter
Councillors:		
V.A. Derkach	Nipawin Chapter	
Shirley Dyck	Swift Current Chapter	
Mike Kaminski	Assiniboine Chapter	
Margaret Martin	Saskatoon Chapter	
Peter Wiebe	Regina Chapter	
Members At Large:		
Calvin Bachmeier	Maple Creek/Medicine Hat Chapter	
Elaine Broughton	Saskatoon Chapter	
Doug Haroldson	Maple Creek/Medicine Hat Chapter	
Darlene McCullough	Tisdale Chapter	
James Slough	Regina Chapter	
Maxine Stinka	Assiniboine Chapter	
Robert Wuschenny	Yorkton Chapter	
ACER-CART	Fred Herron	Saskatoon Chapter
Outreach Editor	Shirley Henderson	Prince Albert Chapter

**Attention:
Victoria Chapter
Members –
Please Note:
Correction: The
September 2008
meeting will be
held on the 18th.**

OUTREACH

To The Superannuated Teachers
of Saskatchewan

The newsletter of the Superannuated Teachers of Saskatchewan, is published five times a year.

To control costs, one copy is sent to households where both spouses are members. If this is not satisfactory, please contact the STS office in Saskatoon.

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