

OUTREACH



To The Superannuated Teachers
of Saskatchewan

President's Report

Margaret Martin

During the last two months I have travelled to many uniquely beautiful areas of Saskatchewan as I visited with members of twelve different Chapters. Each of our members that I have spoken to brings a very positive attitude and enthusiasm to their Chapter events. The warm welcomes I received and the tasty food has been very much appreciated. This has also meant many more hours that I have had to spend doing my fitness activities to use up those extra calories I have consumed! Thank you for these invitations.

On October 27 and 28, 2010 your STS Provincial Executive met in Committees and as a whole to examine our audited financial statements for the year ending June 30, 2010. Once again our auditors, Deloitte, have informed us that we have had a clean audit. Our auditors have also commented on the excellent support they have been given by our STS Office Staff. Thank you, Fred, Colleen, and Heather! Our almost 9400 members have received their first issue of *Outreach* this year either on-line or by paper copy. This communication is your link to what is happening with Superannuated Teachers of Saskatchewan at the Executive level and across the province. Please

continue to send to the STS Office your articles for the Spotlight on Superannuates page to highlight your Chapter and/or your members. Please read all of the Committee reports in this issue that provide you with up to date information from these Committee meetings.

Our 6th Annual STS Presidents' Day on October 29, 2010 brought together our committed and hard working Chapter Presidents. The goal is to present information to our Chapter Presidents of interest to them and their members and to receive information from them to share with the STS Provincial Executive but also with their fellow Chapter Presidents. This year information regarding the STS Group Benefits Plan and the Travel Insurance provided as part of our members' Extended Health Plan was presented. This day is another opportunity to provide a link between our 43 Chapters and the

STS Provincial Organization. Thank you to each of our Chapter Presidents for accepting this leadership role.

I continue to welcome invitations from your Chapter to visit with you. Please call me at 306-373-4433 or send me an email (bill.marg@sasktel.net) if you would like me to visit.

From my home to your home, I send wishes for a very happy and healthy Christmas season spent with your family and friends. I look forward to meeting with many more STS members in the near future.

Seasons
Greetings



Group Benefits Report

Shirley Henderson

As a Committee, we asked Saskatchewan Blue Cross for clarification of the definition of the Cardiac Rehab Program. The following was received:

A Cardiac Rehab Program is an individually designed, **medically supervised** exercise program. You need a physician/specialist referral to enter the program. There is an initial consultation which includes education/medical history questionnaire followed by the set up of your individualized medically supervised exercise program. Exercise sessions are usually one hour in length and include a group warm-up and cool down.

During these exercise sessions you are monitored (heart rate,

blood pressure and EKG) for a change in symptoms by a nurse or other healthcare professional.

A Cardiac Rehab program also includes an education component which includes sessions on:

- How the heart works, tests and treatments
- Nutrition
- Exercise and activity
- Risk factors and lifestyle modifications
- Medications
- Stress/Emotional Factors

As another colder season is upon us many members are starting to think about going to warmer places to offset some of our cold weather. **Before** you travel please check the coverage you have for travel. Our Plan offers 65 days per trip for travel outside your province of

residence. This is with 90 days of no change in medications and/or medical condition before you travel. Saskatchewan Blue Cross offers "top up" travel insurance if your trip will be longer than the 65 days our Plan offers. The pre-existing conditions clause may change. Please check this out before you leave.

Resolutions Report

Robert Wuschenny

Attention Chapter Presidents – consider putting forth resolution(s) from your Chapter. To have these published in *Outreach* they must be into the STS Office no later than March 1, 2011.

McDowell Foundation Report

Maxine Stinka

This next year, 2011, marks the 20th anniversary of the creation of the McDowell Foundation. The September 2010 issue of the *Saskatchewan Bulletin* included an article on McDowell projects as well as an insert describing the Foundation, its accomplishments and ways of supporting it through donations. Over the past 19 years, the Foundation has awarded over one million dollars and approved 212 grants. The Board approved the granting of \$85 000 for research projects in the 2010-2011 year. Unfortunately donations have decreased in the last few years and have been far below the amount of money allocated to these projects. This year, thirty applications were submitted for a total requested amount of almost half a million dollars and nine projects were

awarded funding for a total of just under \$70 000. All of these projects will be listed and described in the *2009-2010 Annual Report*.

Support for researchers continues as the contract with Deborah Rogers was extended for another year. Five McDowell projects were completed in 2009-2010 and their reports (including *Student Assessment and Learning: Teacher Perceptions and Practices*) are now available on the Foundation website. In January 2010, several researchers attended a report writing workshop and seven researchers attended the latest orientation session for new researchers. "Learning from Practice" will be held again this year in Saskatoon on Saturday, November 20 with the theme "Supporting Classroom Diversity". The keynote presentation will be by Verna St.

Denis followed by a variety of concurrent sessions. The 2010 McDowell Foundation Award will be presented to Michelle Prytula.

The McDowell Foundation is continuing to function during this transition period as the administrative details are being handled by the Federation staff. The only aspect that has not been receiving much attention is fundraising. There has been no fundraising campaign for the last few years but hopefully the *Bulletin* insert will prompt teachers and superannuates alike to make donations. If we want teacher-led action research to continue to be funded by the McDowell Foundation, we will have to support it with our donations and encourage our colleagues to do the same. Remember these donations are tax deductible.

AGM Report

Shirley Dyck & Doug Haroldson

The 38th Annual General Meeting of the Superannuated Teachers of Saskatchewan will be held in Saskatoon at the Travelodge Hotel on Tuesday, May 10 – Thursday, May 13, 2011.

Entertainment:

Delegates attending our last Annual General Meeting thoroughly enjoyed the group “No Hurry”. You will be pleased to know they will be entertaining us again. This trio from Saskatoon is well known in the teaching circles for their great entertainment.

Interest Sessions:

We will be offering five Interest Sessions again this year.

Chapter Presidents:

You will be receiving a package of information early in February. Please send your list of delegates to the STS Office before April 1. As printed in the last *Outreach*, the Executive has calculated that the attendance formula for this year will allow each Chapter to send two delegates for the first 60 paid members or portion thereof and one delegate for each additional 60 paid members or portion thereof.

For the delegates attending the AGM, the STS pays for two nights accommodation, breakfast for Wednesday and Thursday, lunch for Wednesday and Thursday and the banquet on Wednesday evening. When delegates receive their package of information, we will be requesting that they return a form to the STS Office to inform us if they wish to partake of these meals. This is necessary for the AGM Planning Committee and catering service at the hotel.

We are planning another AGM that we hope will be entertaining and successful.

STF Councillors' Report

Margaret Martin

On October 14 to 16, 2010 our eight STS Councillors, Calvin Bachmeier, Shirley Dyck, Doug Haroldson, Mike Kaminski, Margaret Martin, Jim Sego, Maxine Stinka, and Robert Wuschenny, met with the STF Councillors for the STF Councillor Conference and Special Meeting of Council.

On Thursday, October 14 Councillors met for a briefing to provide an overview of the work for the next two days.

On Friday, October 15 we met to receive STF organizational updates regarding governance, administration, provincial collective bargaining, and Federation advocacy initiatives. The STF Bargaining Team is presently in the Negotiation Phase of bargaining with the Government-Trustee Team. They began this phase in January 2010. We also examined, discussed, and commented on policies on International

Relationships and Student Evaluation. An MLA/MP luncheon with Councillors followed to provide us with an opportunity to share our views on crucial education issues with the political decision-makers who were able to attend. An update on the STRP governance review followed in the afternoon. Councillors were given copies of the “Report on the Governance of the Saskatchewan Teachers Retirement Plan” completed by AON Consulting who were retained to conduct a governance review of the STRP (September 29, 2009) and the “Report of the Joint Committee on Funding Teacher Pensions in Saskatchewan” (December 2006), as well as, the draft policy written by an STF committee during the winter of 2010 outlining the beliefs of the STF regarding pensions. Councillors also discussed the purposes of Council meetings and considered the principles

that should guide the various procedures that are followed at Council meetings.

The Councillor Conference continued on Saturday morning, October 16. We discussed what social justice and equity means to the teaching profession and its role in publicly funded education in Saskatchewan. Dr. Cory Neudorf, co-author of *Health Disparity in Saskatoon: Analysis to Intervention* (2008), spoke and provided Councillors with results from his report, as well as, some of the actions taken. The Special Meeting of Council took place on the afternoon of October 16. Councillors voted on the following resolution: “Be it resolved that, as the basis for members' commitment to social justice and equity in publicly funded education, a comprehensive renewal of Federation policies in this area be initiated.” This resolution was carried.

Budget, Finance and Audit Report

Robert Wuschenny

The Budget, Finance and Audit Committee reviewed the Auditor's report for the period ending June 30, 2010. Mr. Albert Johnston, Lead Client Service Partner, Deloitte & Touche, reported to the Committee

and answered their questions. Mr. Johnston noted the excellent manner in which STS finances are administered by our STS Office Staff. We again received a clean audit. The audit report was distributed at the

Chapter Presidents' Meeting. Members wishing further information may check with their Chapter President.

Our current membership is 9,397.

Recreation – Calvin Bachmeier



Upcoming Events

Recreational Activities Participation STS Style . . .

Bowling

2011 Host: Saskatoon Chapter
Date: May 5-6, 2011
Contact: Rick Murza
Phone: 306-374-6323

Bridge

2011 Host: Saskatoon Chapter

Curling

2011 Host: Swift Current Chapter
Contact: Ross Orth
Phone: 306-773-1055

Fishing

A host is needed for 2011

Golf

2011 Host: Assiniboine Chapter
Date: June 13-14, 2011
Place: Madge Lake 18 hole course
Contact: Tom Jordens
Phone: 306-542-3265
Email: tom_aleida@hotmail.com
Registration form is available on the STS website www.sts.sk.ca.

2012 Host: Moose Jaw Chapter

Kaiser

2011 Host: Unity Chapter

Stitch 'N Quilt

2011 Host: Moosomin Chapter
Date: October 24-26, 2011
Contact: Ann Norgan
Phone: 306-435-3139
Email: r.a.norgan@sasktel.net

If Chapters are interested in hosting provincial events, please contact the STS office or a member of the Recreation Committee. We would also be open to any proposals for new events.

Congratulations

Branden Moore upon receiving the University of Regina STS sponsored scholarship.

Willmer F. Willems (Saskatoon Chapter) upon being ordained as a Minister.

The following recipients (STS members) were awarded the Celebrating Seniors' Awards by Saskatchewan Seniors' Mechanism:

- Gilbert R. McConnell – Contributions to a Rural Community
- Florence Graham – Advocacy
- Walter Coates – Lifetime Achievement (Urban)
- Mae Wesley – Lifetime Achievement (Rural)
- Don Wiks – Advocacy
- Peg Frey – Advocacy
- John Walker – Community Leadership
- Lorraine Iversen – Heritage

Surviving Spouse of an STS Member

(Some suggestions in the event of the death of an STS member)

1. Notify the Teachers' Superannuation Commission 1-877-364-8202 if the allowance of the former member was paid by the Teachers' Superannuation Commission.

OR

Notify the Saskatchewan Teachers' Retirement Plan 1-800-667-7762 or 306-373-1660 if the allowance of the former member was paid by the Saskatchewan Teachers' Retirement Plan.

The pension plan will advise you about allowances and insurance that you may be entitled to receive.

2. Notify the Superannuated Teachers of Saskatchewan 1-800-667-7762 Ext. 6324 or 306-373-3879. STS will advise you about membership in the STS and coverage under the STS Group Benefits Plan.

Chapter Presidents' Meeting



The Greeters:
(L-R) Heather Hase, Colleen Bailey, Margaret Martin, Fred Herron



L to R: Lynell Pylatiuk (Okanagan Valley Chapter), Margaret Martin (STS President), Walter Gorkoff (Potashville Esterhazy Chapter), Elaine Hanson (Outlook & District Chapter)



Group Discussions



Kate McCorriston – STS Executive



Michelle Swain, Saskatchewan Blue Cross



"Popped in to say hello!"
Jody Richard (STF Staff), Steven Allen (STF President),
Martha Galenzoski (STF Staff)

Spotlight on Members

Superannuated Teachers of Saskatchewan



Loretta Mayall

Loretta's teaching career began in 1958 in a rural school where she taught grades 1 – 8. In 1960 she moved to Moose Jaw where she taught with the Moose Jaw Roman Catholic Separate School Division. During her 32 years with the division she taught in all five schools, basically every grade and Special Education. After retiring from classroom teaching in 1992 she worked as Executive Assistant at the Moose Jaw Roman Catholic Board Office, where she also continued to work with individual students with special needs.

Loretta has always been actively involved within the community. She currently serves on the Board of the Wakamow Valley Park Authority and was the former Chairperson on the Wakamow Valley Park Authority Education Committee. Loretta is currently on the Sportsman Centre Fundraising Committee and is the secretary of the Moose Jaw Food Bank. Loretta also serves on the Extencicare Advisory Board, volunteers at Festival of Words, at School Heritage Fairs and the Cancer Society. She is an active fund raiser for the Moose Jaw Hospital Foundation through the Relay for Life, as well as, being actively involved within her church where she counts the weekly collection and visits the residents at Level 1 Senior Care Homes.

Upon her retirement, Loretta became actively involved with the Moose Jaw Chapter of the STS. She has served on the Executive as secretary, as vice-president and as president



for two terms. She continues to serve on the Executive as our Fruit and Flower Rep, making many visits to hospitals and senior homes and phoning shut-in members. Her visits, cards and thoughtfulness have touched many lives.

Loretta's caring nature and her organizational skills are well recognized within the Moose Jaw community. She has been nominated for the Moose Jaw Citizen of the Year Award, twice as an individual and once as part of a Relay for Life Team. In 2010 Loretta and the other members of her Relay for Life Team were awarded the Citizen of the Year Award.

Loretta and her husband, Dave, have one son, Scott. Scott, his wife Sharon, and their two children live in Swift Current where both Scott and Sharon are school principals.

In her spare time, Loretta finds time to play bridge twice a week and canasta once a week. Loretta and Dave, both avid Roughrider fans, have been season ticket holders for 47 years!

Loretta, we salute you and thank you! Many superannuated teachers and friends have been enriched and influenced by all of your wonderful efforts. We thank you for your care and time that you so graciously give!

Attention Chapter Presidents

Nominations for Honorary Life Memberships must be submitted to the STS Office by February 14, 2011. If you have worthy candidates for these awards, ensure that the nominations are submitted well before that deadline. Please check the *Policy Handbook* pages 38 and 39 for the required information and for the correct format of the nomination.

If you have any questions or require additional information please contact James Slough at 306-586-0397 or email sloughja@sasktel.net

STS Recreation Activities Summary Chart - Chapter Hosted Events

Date	Bowling	Bridge	Curling	Fishing	Golf	Horseshoes	Kaiser	Quilting	Tennis
1979					Humboldt				
1980					Assiniboine				
1981					Estevan				
1982	Saskatoon		Carrot River		Prince Albert				
1983	Humboldt		Last Mountain		Regina				
1984	Moose Jaw		Assiniboine		Carrot River				
1985	Yorkton		Battlefords		Midlakes	Saskatoon			
1986	Regina		Saskatoon		Prince Albert	Saskatoon			
1987	Tisdale		Carrot River		Battlefords	Battlefords			
1988	Prince Albert		Swift Current		Yorkton	Battlefords			Saskatoon
1989	Kindersley		Regina		Shamrock	Moose Jaw			
1990	Lloydminster		Saskatoon		South Central	Moose Jaw			
1991	Shamrock		Yorkton		Assiniboine	Saskatoon			
1992	Assiniboia	Moose Jaw	Prince Albert		Swift Current	Battlefords			
1993	Melville	Swift Current	Weyburn		Carrot River	Moose Jaw			
1994	Moose Jaw	Regina	Nipawin		Regina	Saskatoon			
1995	Yorkton	Swift Current	Mainline		Nipawin	Battlefords			
1996	Saskatoon	Prince Albert	Prince Albert		Moosomin	Moose Jaw			
1997	Regina	Moose Jaw	Saskatoon		Shamrock	Saskatoon			
1998	Moosomin	Regina	Rosetown		Red Deer River Valley	Battlefords			
1999	Swift Current	Saskatoon	Melville		Battlefords	Moose Jaw			
2000	Humboldt	Swift Current	Carrot River		Estevan	Saskatoon			
2001	Yorkton	Moose Jaw	Weyburn	Moosomin / Mainline	Swift Current	Battlefords	Battlefords		
2002	Prince Albert	Regina	Battlefords	Moosomin / Mainline	Yorkton		Nipawin		
2003	Regina	Swift Current	Assiniboine	Moosomin / Mainline	Saskatoon		Humboldt		
2004	Moose Jaw	Saskatoon	Prince Albert		Regina		Battlefords	Moose Jaw	
2005	Saskatoon	Moose Jaw	Moosomin		Nipawin		Unity	Souris Moose Mtn	
2006	Esterhazy	Swift Current	Outlook		Weyburn		Prince Albert	Humboldt	
2007	Yorkton	Saskatoon	Melville	Moosomin / Mainline	Carrot River		Battlefords		
2008	Regina	Regina	Saskatoon	South Central	Maple Creek-Medicine Hat		Prince Albert	South Central	
2009	Prince Albert	Saskatoon	South Central	Moosomin	Midlakes		Unity	Mainline	
2010	Moose Jaw		Parkland	Nipawin	Souris Moose Mountain		Battlefords	Weyburn	

From The Editor's Desk

We, in Saskatchewan, have had our first taste of winter and, yes, it is still autumn. This first blast was enough to do me for the whole winter, thank you.

Another successful Chapter Presidents' Meeting has taken place, in spite of Mother Nature trying her best to sabotage the event. Many items were discussed and interesting presentations were given.

The audit for the past year has been completed, and our financial position is good.

The rest of the newsletter will provide further information.

Soon the Christmas season will be upon us. To each and every one of you the very best of the season and many blessings and good tidings for the coming New Year.

The STS Office will be closed December 20, 2010 and reopen January 4, 2011.

Shirley



STS Executive 2010-11

President/Councillor	Margaret Martin, Saskatoon Chapter
Vice-President/Councillor	Robert Wuschenny, Regina Chapter
Past-President/Councillor	Jim Segoy, Unity Chapter
Executive Secretary	Fred Herron, Saskatoon Chapter
Councillors:	
Calvin Bachmeier	Maple Creek-Medicine Hat Chapter
Shirley Dyck	Swift Current Chapter
Doug Haroldson	Maple Creek-Medicine Hat Chapter
Mike Kaminski	Assiniboine Chapter
Maxine Stinka	Assiniboine Chapter
Members-At-Large:	
Elaine Broughton	Saskatoon Chapter
Shirley Henderson	Prince Albert Chapter
Gerald Mamer	Saskatoon Chapter
Roger Marchand	South Central Chapter
Kate McCorriston	Nipawin Chapter
Dan Palsich	Lloydminster Chapter
James Slough	Regina Chapter
ACER-CART Representative	George Georget, Saskatoon Chapter

Reminder

STS Group Benefit Primary Plan holders

If you qualify for the Saskatchewan Seniors' Drug Plan and have not already done so, please send a copy of the confirmation letter to the STS Office in order to receive the reduced premium for Extended Health.

OUTREACH

To The Superannuated Teachers of Saskatchewan

To control costs, one copy is sent to households where both spouses are members. If this is not satisfactory, please contact the STS office in Saskatoon.

The Outreach is available online. Please email the STS Office if you wish to receive notification when it is posted on the website instead of receiving a hard copy.

website: www.sts.sk.ca

Phone: 373-3879

Fax: 374-1122

Email: sts@stf.sk.ca

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Saskatoon SK S7J 2H8

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