

# OUTREACH



To The Superannuated Teachers  
of Saskatchewan

## President's Report

Margaret Martin

Happy New Year! May 2012 bring health and happiness to each of you!

Our STS Provincial Executive met on January 11 and 12, 2012 in Saskatoon. Membership in STS is now 9766 members. These past few months have been difficult for many STS members and their families because of the illness or death of a family member or a friend. To those who have lost a loved one or a very dear friend I extend my deepest sympathies.

The Budget, Finance and Audit Committee has scrutinized the financial reports for the STS Operating Fund, STS Extended Health Fund, and STS Contingency Fund. This Committee also looked at a first draft of the STS Proposed Budget for 2012-2013 that will be printed in the March-April issue of *Outreach*. Our STS Dental Plan continues to run a deficit while the Extended Health Plan shows a surplus. The new premium structure for the STS Group Benefit Plan will be in effect from February 1, 2012 to January 31, 2015. Please remember to send a copy of the letter from Saskatchewan Health indicating you qualify for the Saskatchewan Seniors' Drug Plan to our STS Office so you will receive the lower premiums for the Extended Health Plan. If you have any questions about the STS Dental Plan or the STS Extended

Health Plan, please contact the STS Office at 306-373-3879.

Our Recreation Committee has reminded us that there are many events being hosted by our local Chapters during 2012. Please send in your registration as early as possible, and prepare to go and have lots of fun.

The AGM Planning Committee is completing preparations for the 2012 Annual General Meeting of the Superannuated Teachers of Saskatchewan on May 8, 9, 10, 2012 at the Saskatoon Travelodge Hotel. Chapter Presidents will soon be receiving information regarding the program and the invitation to submit Chapter delegate names to the STS Office prior to April 1, 2012.

The Retirement Lifestyles Planning Committee is prepared to present a very useful workshop for those considering retirement that will complement and add to the Pre-

Retirement Seminar that the STF sponsors. Please contact the STS Office if your Chapter feels that one should be presented in your area.

Our congratulations are extended to the 2011 recipients of the Superannuated Teachers of Saskatchewan Bursary: Chantel Galian and Brittany Fohse from the University of Saskatchewan and Laurie S. Berglund from the University of Regina. We wish these Education students good luck with their future studies and many happy years of teaching!

By the time you read this issue of *Outreach* you will know that your January, 2012 superannuation allowance will have increased by 2.3 per cent. This is the 80 per cent of CPI (Consumer Price Index) adjustment to your allowance that is reflected in the January payroll.

I have visited with members of many local Chapters during these past few months, and I would welcome requests from any other local Chapters who would like me to come to speak to your Chapter members. Please call me at 306-373-4433 or send me an email at [bill.marg@sasktel.net](mailto:bill.marg@sasktel.net).

### Cost of Living Adjustment

All superannuates who have received an allowance from the Teachers' Superannuation Commission or the Saskatchewan Teachers' Retirement Plan for the full 2011 year will have their allowances adjusted upwards by 2.3 per cent effective January 1, 2012. Superannuates who have received an allowance for less than the full 2011 year will have their increases prorated.

# AGM Report

Elaine Broughton & Doug Haroldson

The 39th Annual General Meeting of the Superannuated Teachers of Saskatchewan will be held in Saskatoon at the Travelodge Hotel on Tuesday, May 8 to Thursday, May 10, 2012.

## Entertainment

Tuesday evening, entertainment will be "2 Dudes + Dan". Following the banquet on Wednesday evening, the entertainment will be "Roberta Nichol".

## Interest Sessions

We will offer five Interest Sessions. Delegates may attend any three:

- Heads Up for Healthy Brain – Alzheimer's Society
- Managing Your Retirement Income – Karen Tzupa (TCU Financial Group)
- Balcony & Container Gardening – Vicky Berg (Early's)
- STS Group Benefits – Fred Herron (STS)
- Travel – Shammi Rathwell

## Chapter Presidents

You should soon receive a package of information from the STS Office. Please send your list of delegates to the STS Office before April 1. As printed in the previous *Outreach* the

Executive has determined that the formula for this year will allow each Chapter to send two delegates for the first 60 paid members or portion thereof and one delegate for each additional 60 paid members or portion thereof.

Each delegate will receive a package of information in early April, after the STS Office has received the list of delegates from the Chapter.

We are planning another exciting Annual General Meeting.

# Group Benefits Report – Shirley Henderson

- The new contract is in place and takes effect February 1, 2012.
- This is a three-year contract with additional coverage.
- If anyone wants an updated brochure, please notify the STS Office or download the information from the website.
- By this time you should have received a Statement of Premiums Paid for 2011. If not, please contact the STS Office.

Fred Herron submitted the following report. Consultation was provided by Bill Martin, pharmacist.

A good pharmacist can and should play an important role in meeting your health care needs.

When selecting a pharmacist you should consider a person in whom you have confidence discussing your medication and health concerns and

who will provide regular counselling for prescriptions. In addition, you should determine if your pharmacist will provide, at no extra cost, delivery or blister packaging, medication reviews, printouts of medication records, and adequate medication, if you are away on vacation for an extended period of time.

In return for the services provided, the pharmacist charges a dispensing fee. At the pharmacy, members are able to request a multiple month supply of their prescription; however, it is at the discretion of the pharmacy to charge a dispensing fee for each month's supply, or one dispensing fee for all of the months combined. If each month's supply is billed separately, only one fill can be submitted electronically through the Client Reimbursement Drug Card. The remaining fills must be submitted manually.

Dispensing fees are determined between the Provincial Government and the Saskatchewan College of Pharmacists. Some pharmacists charge less than the maximum fee allowable (now close to \$10 per prescription). For example, Costco in Regina and Saskatoon charge less than half of the maximum fee. Any dispensing fee less than the maximum allowable can save our drug plan significant amounts of money.

In addition to providing information about generic medication (quality approved medications not inferior products), your pharmacist is able to provide information regarding the Saskatchewan Seniors' Drug Plan, the Special Support Program and proper use of medications. All of these services can provide savings to the STS Benefit Plan.

# Saskatchewan Seniors Mechanism Report

Robert Wuschenny

- SSM has been a beehive of activity lately. More work on Policy and Bylaws required two meetings.
- Christmas Open House was held December 6, 2011, with 70+ in attendance.
- Allocation of grants to organizations that submitted proposals entailed individual scoring by committee members followed by a meeting to decide on recipients and amounts. Grants amounting to \$89,493 were allocated to seven member organizations for various projects.
- Board members and volunteers spent a half day packing *Gray Matters* for mailing.
- The resolution from STS regarding tax credit for recreation programs for seniors will be brought forward at the AGM.
- I recently attended a Nominating Committee Meeting. The current SSM Board is quite anxious about the new format for elections. After much discussion, the Board decided in order to ensure continuity, the positions of President and Vice President will be two-year terms; Treasurer and Secretary one-year terms. Of the eight Members at Large, the four MAL receiving the highest votes will be for two-year terms and the four receiving the lowest number of votes will be for a one-year term. Further, it was decided that an organization may nominate more than one candidate. Nominees do not have to belong to a member organization.
- SSM is planning a conference on fitness for older adults with special health considerations this spring. This will be tied in with a second event to be held in the fall which will introduce the Forever in Motion program.
- The Ombudsman's office made a presentation on what they do and how to access their services to the Board.

## Retirement Lifestyles Planning

Shirley Henderson

The Committee met on January 11, 2012.

To date we have had no requests for presentations to future retirees. It was felt that we need to let the active teachers know about the difference between the STF Pre-Retirement Seminar and the presentation given by the Retirement Lifestyles Group dealing with the additional aspects of retirement.

## Resolutions Report

Robert Wuschenny

STS members are invited to submit resolutions to AGM by the deadline of March 1, 2012. Resolutions received after the deadline will be deemed to be late resolutions. Chapter Presidents have criteria and format information. The information is also on the website [www.sts.sk.ca](http://www.sts.sk.ca)

## Support Services Report

Calvin Bachmeier

The information packed Support Services website created by the provincial STS may be accessed at [www.sts.sk.ca/support\\_services](http://www.sts.sk.ca/support_services) or contact your Chapter support person.

## Attention Chapter Presidents

Nominations for Honorary Life Memberships must be submitted to the STS Office by February 14, 2012. If you have worthy candidates for this award, ensure that the nominations are submitted well before that deadline. Please check the *Policy Handbook* pages 38 and 39 for the required information and for the correct format of the nomination.

If you have any questions or require additional information please contact Kate McCorrison at 306-862-3627 or email [m.mccorrison@sasktel.net](mailto:m.mccorrison@sasktel.net)

# Recreation – Calvin Bachmeier



## Upcoming Events

Recreational Activities Participation STS Style . . .

### Bowling

**2012 Host: Yorkton Chapter**  
 Place: Yorkton Bowl Arena  
 Date: May 10-11, 2012  
 See registration form below.  
 Registration form also available on website.

**2013 Host: Regina Chapter**

### Bridge

**2012 Host: Regina Chapter**

### Curling

**2012 Host: Saskatoon Chapter**  
 Date: November 5-7, 2012  
 Contact: Bill Meger  
 Phone: 306-249-1329

### Fishing

**2012 Host: Nipawin Chapter**  
 Place: Tobin Lake  
 Date: June 21, 2012  
 See registration form below.  
 Registration form also available on website.

### Golf

**2012 Host: Moose Jaw Chapter**  
 Place: Lynbrook Golf & Country Club  
 Date: June 11-12, 2012  
 Contacts: Sandra Towriss – 306-692-2562  
 or Adele Owatz – 306-693-0578

### Stitch 'N Quilt

**Host needed**

If Chapters are interested in hosting provincial events please contact the STS office or a member of the Recreation Committee. We would also be open to any proposals for new events.

## STS 2012 Bowling Registration Form

May 10 & 11, 2012 – Yorkton Bowl Arena, Yorkton  
 Registration Deadline – April 20, 2012  
 Register as a full team, partial team, or as an individual  
**Registration fee per person:** \$65.00 (includes bowling fees, one banquet, and one lunch)  
*Make cheques payable to: STS Recreation Yorkton Chapter and mail c/o Brian Beck, STS Bowling 2012, 85 Logan Cres. E, Yorkton SK S3N 0V8*

For further information contact:  
 Brian Beck 306-782-9580 or  
 Sharon Pfeifer 306-783-7849

Tournament Fees:	___ X \$65 = \$ ___
Extra banquet ticket	___ X \$22 = \$ ___
Extra lunch ticket	___ X \$10 = \$ ___
<b>TOTAL ENCLOSED</b>	<b>= \$ ___</b>

Team Contact Person: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Team Registration Name:** \_\_\_\_\_

**Team Members:**

## 6th Annual STS Provincial Fishing Derby

**June 21, 2012**

Hosted by the Nipawin STS Chapter

To be held at the Resort Village of Tobin Lake

- 10:00 a.m. - 12:00 noon - Registration
- 12:00 noon - 4:00 p.m. - Fishing
- 4:00 p.m. - 6:00 p.m. - Happy Hour
- 6:00 p.m. - Fish Fry

### Accommodations and Boat Rentals (book early)

1. Shorebird Inn, Resort Village of Tobin Lake - 306-862-4272
2. Silver Tip Outpost Cabin and Boat Rentals - 306-862-5954
3. Tobin Lake Marina Ltd. for cabins and boat rentals  
306-862-4976
4. Tobin Lake Hilltop Campground - 306-862-4444  
www.hilltopcampground.ca

*Note: Additional information will be sent to those who register.*

Pre-register by June 1, 2012

Name:	_____
Address:	_____
Phone:	_____
Email:	_____
<b>Cost of Registration</b>	<b>Numbers</b>
\$20.00 per fisher (includes a Fish Fry Supper)	___
\$10.00 – supper only	___
<b>Total</b>	<b>___</b>

*Please make cheques payable to STS Nipawin Chapter c/o Kate McCorrison, Box 814, Nipawin SK S0E 1E0*

# Curling Results

The Swift Current Chapter hosted the STS Provincial Curling Bonspiel on November 7-9, 2011. Sixteen teams from across the province enjoyed three days of curling and fellowship, a pizza social sponsored by the local Chapter, and a great banquet. Two young women provided entertainment. Eliza Doyle, Swift Current teacher, sang and played banjo, and Kelly Wood, Scottish curler, spoke to us about her experiences curling at international events and especially about her team's silver medal performance at the World Women's Curling held in Swift Current in March, 2010.

The Doug Lyon foursome from Melfort took home the championship trophy. Congratulations also to the local teams who won events. The Dave Spencer rink won the B Event while the Ross Orth rink won the D Event. The C Event was won by the Merv Tomski rink from Canora.



**Winners of the 2011 STS Provincial Curling Bonspiel – G.T. Anderson Trophy**

From left: Doug Lyon (skip), Garry Forsyth (third), Brian Gilbertson (second), Dennis Spagrud (lead).



**B Event Winners**

From left: Dave Spencer, Lynn Thomas, Loma Spencer, Dianne Miller.



**C Event Winners**

From left: Merv Tomski, Jim Chicilo, Ardelle Chicilo, Maxine Stinka.



**D Event Winners**

From left: Ross Orth, Keith Ahrens, Ray Finlay, Rick Lake.

# Kaiser Results

The 10th Annual STS Kaiser Tournament was hosted by the Unity Chapter and held in New Horizons Hall in Wilkie, SK. on October 13, 2011. STS plaques were presented by Len Dupuis, Unity Chapter President.

**Lady's High Score:** Stella Ewanchuk, The Battlefords and District Chapter

**Gent's High Score:** Jim Exley, Unity Chapter

**Overall:** Jim Exley, Unity Chapter

**High Spouse:** Walter Ewanchuk

**12 No Trump:** Stella Ewanchuk, The Battlefords & District Chapter

**Low Score:** Si Campbell

**Random Draws:** Arlene Nachtegaele, Lois Weber, Hugh Krips



From left: Jim Exley – Unity Chapter (Gent's High Score), Len Dupuis – Unity Chapter President and Stella Ewanchuk – North Battleford Chapter (Lady's High Score)

# Saskatchewan Senior Fitness Provincial 55+ Games Curling

Canora is hosting the SSFA provincial curling competition March 27-29, 2012. There are men's, women's and mixed divisions and 55+ and 65+ age categories. In addition to regular curling, there will also be two-person stick curling. For more information or registration forms, contact Eleanor Murray at 306-563-4160. The SSFA website ([www.ssfa.ca](http://www.ssfa.ca)) has more information and a copy of the registration form. Deadline for registrations is March 6, 2012.

## Congratulations!

- The recipients of the STS Bursary for 2011 for the University of Saskatchewan are **Chantel Gralian** and **Brittany Fohse**.
- The recipient of the STS Bursary for 2011 for the University of Regina is **Laurie S. Berglund**.
- To **Margaret Ferguson** from the Melville Chapter on celebrating 100 years on October 1, 2011.
- To **Jessie Stokes** from the Melville Chapter on celebrating 100 years August 16, 2011.
- To **Eileen Butler** of the Battlefords and District Chapter on her 99th birthday in October 2011.
- To **Mildred Price**, Regina Chapter on celebrating her 90th birthday.
- To **Evelyn Rask**, Regina Chapter on celebrating her 100th birthday.
- To **Betty Debiene**, Regina Chapter on celebrating her 96th birthday.

## Searching for Former Huskie Athletes

The University of Saskatchewan is celebrating 100 years of Huskie athletics on the weekend of March 30 and 31, 2012.

The university data base only covers the last 20 years. As a result we do not have contact information for many of our former athletes, especially for those sports which have been discontinued.

If you were a former Huskie athlete, especially if you were involved in curling, swimming (speed and synchro), diving, golf, badminton, boxing, fencing, figure skating, gymnastics, field hockey, bowling, water polo or tennis and you are interested in attending or getting more information on the reunion, please search Huskie 100 year reunion on your computer for particulars or phone Michael Jenkins at 966-1108.

## Humboldt Collegiate Institute's 100th Anniversary Reunion

The Humboldt Collegiate Institute's 100th Anniversary Reunion is taking place July 6, 7 & 8, 2012, in Humboldt, Saskatchewan.

The committee is looking for information about past teacher, staff, or students. Please call Lois Winkel 306-682-2246 for further information.

## Compensation for Lost Salary

If you held a teaching contract and lost salary due to the withdrawal of professional services in May 2011, you may be eligible to receive compensation from the Saskatchewan Teachers' Federation, please contact Administration/Governance, Saskatchewan Teachers' Federation at 306-373-1660; 1-800-667-7762, or by email at [stf@stf.sk.ca](mailto:stf@stf.sk.ca) to receive an application.

# Spotlight on Superannuates

## Regina Chapter Celebrates 40 Years

Submitted by Adeline Wuschenny, Anniversary Committee Chairperson



Some of the 25-year retirees enjoying their lunch.



Provincial STS President Margaret Martin and Regina Chapter President Ed Stelmachuk cut our 40th anniversary cake.

Regina Chapter is celebrating its 40th Anniversary as STS Chapter with a variety of ongoing events throughout the anniversary year.

The year began with Lunch with the Bunch where our newest superannuates were recognized and Provincial Executive members, Laura Dubois and Robert Wuschenny, outlined information on How the STS Works for You. At the September assembly, Dorothy Thordarson who was responsible for writing the history of the Chapter, gave an overview of its history. At the October assembly, we recognized the extra community services superannuates provide to the many areas in which they volunteer. Past Chapter presidents were recognized at the November assembly. Also present were STS Provincial President Margaret Martin, Executive Secretary Fred Herron and members of the Provincial Executive as well as guests from SSM. Because this was

the date closest to the actual date of the formation of the Chapter, a special anniversary cake was served. The brown paper bag of Christmas treats, a tradition from past Christmas concerts, was given to each one in attendance at our Christmas social.

In the upcoming assemblies, we will recognize Chapter members who have served on the STS Provincial Executive, we will hear of the

experiences of teachers who were recruited from other countries to teach in Saskatchewan schools, and, we will recognize those members who have received STS Honorary Life Memberships. Our year of anniversary activities will end with recognition of the Award of Merit recipients at our AGM and with musical selections from the past four decades provided by the Regina Chapter choir.



Some of the STS Provincial Executive who came to our meeting: Margaret Martin, Maxine Stinka, Doug Haroldson and Jim Segó.

## From The Editor's Desk

Happy New Year to one and all! The year started with little snow in our area but we are certainly making up for it now.

The cost of living adjustment will be 2.3 per cent effective January 2012.

The new contract for the Group Benefit's Plan is in place and in effect February 1, 2012 to January 31, 2015.

There are changes to the CPP and these can be checked by using the links on the STS website ([www.sts.sk.ca](http://www.sts.sk.ca)) through Support Services.

Continuing on "How to Stay Young My Friend":

- Laugh often, long and loud. Laugh until you gasp for breath. And if you have a friend who makes you laugh, spend lots and lots of time with him/her.
- The tears happen – endure, grieve and move on. The only person who is with us our entire life, is ourselves. LIVE while you are alive.
- Surround yourself with what you love; whether it's family, pets, keepsakes, music, plants, hobbies or whatever. Your home is your refuge.

Until next time, keep healthy, wise and warm.

Shirley

## STS Executive 2011-12

<b>President/Councillor</b>	Margaret Martin, Saskatoon Chapter
<b>Vice-President/Councillor</b>	Robert Wuschenny, Regina Chapter
<b>Past-President/Councillor</b>	Jim Sego, Unity Chapter
<b>Executive Secretary</b>	Fred Herron, Saskatoon Chapter
<b>ACER-CART Representative</b>	George Georget, Saskatoon Chapter
<b>Councillors:</b>	
Calvin Bachmeier	Maple Creek-Medicine Hat Chapter
Doug Haroldson	Maple Creek-Medicine Hat Chapter
Joyce Hoffman	Swift Current Chapter
Mike Kaminski	Assiniboine Chapter
Maxine Stinka	Assiniboine Chapter
<b>Members-At-Large:</b>	
Elaine Broughton	Saskatoon Chapter
Judy Buzowetsky	Weyburn Chapter
Laura Dubois	Regina Chapter
Shirley Henderson	Prince Albert Chapter
Gerald Mamer	Saskatoon Chapter
Roger Marchand	South Central Chapter
Kate McCorriston	Nipawin Chapter

## Notice

To teachers who taught in Ogema Schools surrounding the community of Ogema: The Town of Ogema, Saskatchewan is celebrating its 100th anniversary on Friday, Saturday and Sunday, July 6, 7 & 8, 2012. Highlight of the weekend will be the Grand Opening of the Southern Prairie Railway. Come and meet old and new friends. For further information contact: Lorraine Iversen, 306-459-2904: email [sew.what@sasktel.net](mailto:sew.what@sasktel.net)

## OUTREACH

To The Superannuated Teachers of Saskatchewan

To control costs, one copy is sent to households where both spouses are members. If this is not satisfactory, please contact the STS office in Saskatoon.

**The Outreach is available online. Please email the STS Office if you wish to receive notification when it is posted on the website instead of receiving a hard copy.**

**website: [www.sts.sk.ca](http://www.sts.sk.ca)**

Phone: 373-3879  
Fax: 374-1122  
Email: [sts@stf.sk.ca](mailto:sts@stf.sk.ca)

2317 Arlington Avenue  
Saskatoon SK S7J 2H8  
Monday to Friday 8:30 a.m. to 12 noon

Publications Mail Agreement No.40017216  
Return undeliverable Canadian addresses to:  
STS Office  
2317 Arlington Avenue  
Saskatoon SK S7J 2H8