

OUTREACH

To The Superannuated Teachers
of Saskatchewan

President's Report

Sunil Pandila

I hope everyone got through the hustle and bustle of the holiday season and enjoyed quality time with families and friends. As we enter the last year of this decade, I would like to wish all of our members a very Happy New Year and the best in 2019! It has been a memorable year and major headlines have affected all of us in some way. Let's just say that there has been no shortage of topics to discuss over a cup of coffee!

The first half of this year has just flown by, and it has been a wonderful experience for me to visit STS Chapters across the province. The best part of these visits is meeting new members, providing information on the work of the Executive and discussing relevant educational issues. There is nothing more rewarding. I would like to thank those Chapters for their vested interest in the affairs that affect the lives of our members at their community level. As of January 1, our organization has increased to 11,545 members.

Your Executive just completed the January Executive Meetings and through the work of the various Committees, reviewed the operations within their mandate. The Committees publish a summary of the work they do in our *Outreach* publication, so please have a look to get a better understanding of the work they do and decisions they reach. I would like to thank the current Executive for their hard work, time and dedication. Their insights and ability to deal with issues we

address at the Executive table is key to making the best decisions for our organization.

I am also pleased to announce that our Executive Secretary, Fred Herron, has agreed to another one-year contract until June 30, 2020. However, he has also informed us that this will be his final year as he intends to retire at the end of the contract. We all know the value Fred brings to our organization. I would like to express, on behalf of the Executive, our appreciation for the leadership and service he provides. We are very pleased that he will be with us for another year.

Two main areas, which are always of interest to our members, are the state of our Finances and our Extended Health and Dental Plan. I am pleased to say that we continue to meet our operational budget targets and see our Group Benefit Plan move in a positive direction since the signing of our new contract effective July 1, 2018. Please refer to the Budget, Finance and Audit and Group Benefits reports for more information.

We have received more information about our relocation as the TCU Building gets renovated this year. The plan is to have our offices located in temporary trailers on the north side of the property beginning in July 2019 for three months. If all goes well, we should be in the new offices by October. During this time, we will continue as usual, and members can still have access to information and support they may need. But as we all know and have probably experienced,

when it comes to renovations, plans sometimes don't go as scheduled. We will keep you informed as we get updates on how renovations are going. I would like to commend the staff for working through these temporary arrangements as we look forward to moving into our new offices.

We continue to revise and improve the Retirement Lifestyles Session that we offer to active teachers nearing retirement. While there has been positive feedback from the sessions offered to date, we want to make sure that we are hitting the mark for active teachers at these sessions. Our goal is to be participant-centered so that it is a worthwhile and valuable experience for everyone.

Now that winter has really arrived, many of our members are travelling to warmer destinations. Please make sure you understand the rules and regulations of our Extended Health Plan before embarking on that memory-making journey. Life can bring all kinds of twists, and you want to make sure you are covered in case of an emergency.

Our next Executive meeting dates are March 11-12, 2019. For more information about any of our programs, initiatives, or how we can support you in your Chapters, please do not hesitate to call the office at 306-373-3879 or visit our website at www.sts.sk.ca. You can also contact me at sunil.pandila@sasktel.net or 306-630-8569.

Annual General Meeting

Jane Isinger and Doug Still

Planning and preparations continue for the 2019 Annual General Meeting of the Superannuated Teachers of Saskatchewan which will be held in Saskatoon at the Travelodge Hotel from Tuesday, May 14 to Thursday, May 16, 2019.

Tuesday evening features presentations by the various candidates seeking positions on the Provincial Executive. Chapter Award recipients will be acknowledged, and Chapter Growth Awards will be presented. Based on feedback from Delegates, we will again have a “mixer” and a percussion ensemble will provide entertainment. Wednesday evening following the banquet and recognition of this year’s Honorary Life Members, we will be entertained by Martin Janovsky who is a well-known musician throughout Saskatchewan.

Interest Sessions

Five interest sessions will be offered on Wednesday. Delegates can attend three of the following sessions:

1. STS Finances, Extended Health and Dental Plan
2. Forever... *in Motion*
3. Financial Issues/Transitions for Retirees
4. Immunization/Seniors Health
5. Diabetes Information

Chapter Presidents

Information packages about the AGM will be mailed from the STS Office to Chapter Presidents shortly. Chapters are asked to forward your list of Delegates to the STS Office by April 1. The formula to determine Delegates has been revised resulting in two delegates for the first sixty-five paid members or portion thereof and one delegate for each additional sixty-five paid members or portion thereof. The AGM information package sent to Chapter Presidents will have information on your Delegate count.

Each Delegate will receive a package of information when the STS Office has received the list of Delegates from your Chapter President.

A McDowell Foundation Raffle will take place again with excellent prizes. Many Chapters have already been busy selling tickets.

In a volunteer-driven organization such as the STS with over 11,500 members, the AGM is a wonderful opportunity for Delegates to learn the variety of ways that the STS supports superannuated teachers, as well as, a forum for Delegates from our forty Saskatchewan and two British Columbia Chapters to network. Please encourage new members to get involved. We look forward to seeing you in May!

Cost-of-Living Adjustment

The January 2019 cost of living increase (COLA) for retirees and beneficiaries receiving a monthly pension from Saskatchewan Teachers’ Retirement Plan (STRP):

For benefits earned to June 30, 2015 (guaranteed COLA): 1.8%

For benefits earned after June 30, 2015 (conditional COLA): no further indexing has been approved at this time.

Retirees and beneficiaries receiving a monthly pension from Teachers’ Superannuation Commission (TSC): 1.8%

Group Benefits

Maxine Stinka

Bob Wilhelms and Leslie Donsberger (Saskatchewan Blue Cross representatives) attended the Committee meeting. The Committee reviewed the Health and Dental Experience Reports. The first five months of the new contract show a surplus in both health and dental, as well as, in the travel portion of the Plan. The Health portion of the Plan has a surplus of over \$345,600 and the dental portion’s surplus is about \$364,700 for a total surplus of over \$710,300. A report for the travel premiums vs claims is provided quarterly and the first quarter (July 1-September 30) showed a claims ratio of 44%. That is very good but this is also not a usual time for lots of travel.

Drugs remain the highest cost item for the Plan as over 100,000 prescriptions were filled between July 1, 2018, and November 30, 2018, for a total benefit paid out of over \$1.5 million. During that time there were over 27,000 dental claims for a total of over \$2 million. Membership in one or both of the Extended Health and Dental Plan was 7,901 as of January 1, 2019.

Blue Cross does not recommend coverage for medical cannabis being added to the Extended Health Benefits Plan at this time.

ACER-CART

Marie LeBlanc-Warick

Update on ACER-CART initiatives as a follow up to 2019 priorities:

- President Bill Berryman has issued an invitation to the Honourable Filomena Tassi, the Federal Minister of Seniors, to speak at the 2019 Annual General Meeting Dinner on June 7, 2019. ACER-CART is awaiting a response.
- ACER-CART was privileged to have representatives from Ontario, Nova Scotia and Newfoundland and Labrador participate in “roundtable” discussions with the Dr. Eric Hoskins Advisory Council on the implementation of National Pharmacare. Participants included health care providers, the pharmaceutical industry, private insurance companies, pharmacists, and business, labour and patient groups. ACER-CART was very forceful in advocating for a single payer universal national pharmacare program with the principles of universality, accessibility, comprehensiveness, public administration and portability.
- ACER-CART representatives Gordon Cumming, Gerry Tiede, Martin Higgs, Roger Régimbal and Bill Berryman took part in a Leadership Alignment Session with the Retired Teachers of Ontario and the National Association of Federal Retirees to help every organization reach alignment on key areas of opportunity to advocate together in the October 21, 2019, Federal Election. The participants agreed on the following key priorities:
 - o National Pharmacare Program
 - o National Health Care Strategy for Seniors
 - o Pension/Retirement Income Security.
- At the June 2018 AGM the following motion was passed: *That the provincial Members who together comprise ACER-CART remain committed to develop guidelines to advocate and promote*

the issues impacting education sector retirees and seniors in Canada while concurrently promoting the specific benefits and services of their association to education sector retirees focused within their own provincial or territorial jurisdiction. At ACER-CART’s September Executive meeting, the draft document was reviewed and adopted and will be subject to the approval of the June 2019 AGM.

- Various governments are currently looking at potential changes to pension plans. Whenever we can have input, we must insist that pension plans are not company assets but Deferred Income, a contractual obligation that in most cases was made long before liabilities to lenders and before the dispensing of resources to shareholders. Legislation is needed to recognize that these assets do not belong to the company, but to the employees. Retirees have to be recognized as active partners in their shared future.

Succession Planning Report

Maxine Stinka

Following a discussion with Executive Secretary, Fred Herron, the Committee recommended that the Executive retain the present Executive Secretary until June 30, 2020, and hire an Assistant Executive Secretary to begin work with him in early January 2020. The recommendation was approved. This means we have our present Executive Secretary to assist in the transition from the present office space to our newly renovated space

and in making the move with the least possible inconvenience to both members and staff. The Assistant Executive Secretary would have a great opportunity to become more familiar with the position of Executive Secretary and be part of the budget planning process, as well as, the organization and conduct of an Annual General Meeting. The understanding would be that the Assistant Executive Secretary would become the Executive

Secretary July 1, 2020, if that were acceptable to both her or him and the Executive. The position of Assistant Executive Secretary would be advertised formally beginning September 1, 2019, with October 1, 2019, being the final deadline for submission of applications. The selection Committee would consist of the President, Vice-President, Past-President and Executive Secretary.



Nominations

Maxine Stinka

The length of the term for all positions on the Provincial STS Executive is one year. Nominations will be accepted at any time prior to 4:00 p.m. May 15, 2019, but must be received by the STS Office by March 1, 2019, to be included in the March/April edition of *Outreach*. Nominations must be signed by the nominee and indicate the position to which he/she wishes to be elected. They may be forwarded to the STS Office by email, postal service, or fax. All positions are elected at the AGM. All nominees are asked to submit a short biography and a headshot (in JPEG) to be printed in the Conference booklet. Those running for positions are given an opportunity to give a speech on the first evening of the AGM. For more information about the duties, nomination and election of members to the Executive, please refer to pages 4-6 in the *STS Policy Handbook* printed July 1, 2018, available online, or by contacting the STS Office. If you would like to become involved at the provincial level of the STS, please consider running for a position on the Provincial Executive.

Recreation

Don Gabel, Alan Laughlin



Upcoming Events

Recreation Activities: Participation STS Style . . .

Multi-Genre Art Workshop

Date: April 11-12, 2019
 Host: Lloydminster Chapter
 Contact: Madeline Robson
 Phone: 780-871-5966
 Huguette Kitchen
 780-522-7707
 (Registration form on STS website)

Bowling

Date: May 6-7, 2019
 Host: Yorkton Chapter
 Contact: Terri Mitchell
 Phone: 306-782-2599
 Email: tlmitchell@sasktel.net
 (Registration form on STS website)

Curling

Date: November 4-6, 2019
 Host: Moosomin Chapter
 Location: Moosomin Curling Rink
 Contact: Barb Swallow
 Phone: 306-646-4324
 Email: bswallow@sasktel.net

Golf

Date: June 10-11, 2019
 Host: Melville Chapter
 Contact: Robert Simpson
 Phone: 306-728-2714
 Email: simps@sasktel.net

Kaiser

Date: TBD
 Host: The Battleford and District Chapter

Mah Jongg

Date: May 9, 2019
 Host: Saskatoon Chapter
 Location: STF Building, Eamer Auditorium
 Contact: Darlene Danyliw
 Email: darlene.danyliw@shaw.ca
 (Registration form is on STS website)

Stitch 'N Quilt

Date: October 15-17, 2019
 Host: Carrot River Valley Chapter
 Location: Melfort
 Contact: Sue Amundrud
 Email: stitchnquilt2019@gmail.com

Bridge

Date: TBD
 Host: Wadena Chapter

If Chapters are interested in hosting provincial events please contact the STS office or a member of the Recreation Committee. We would also be open to any proposals for new events.

**Registration Form
Multi-Genre Art Workshop
Hosted By Lloydminster Chapter**

Date: April 11 and April 12, 2019
Location: Legacy Center, 5101 46 St.,
Lloydminster

You will participate in a total of three sessions. All participants will partake in a Multi-media painting session on Thursday evening. On Thursday afternoon and Friday morning there will be 3 different art sessions offered. Please indicate below your order of preference to attend. You will be attending 2 of the 3 sessions. First registered, first served. Maximum number of participants is 45 people for entire workshop.

- _____ **Stencil**
_____ **Jewellery-making**
_____ **Live Floral Arrangements**

Meals: (Thursday supper and Friday lunch) and supplies are included in cost.

Total Cost: \$165.00 (\$50.00 deposit required with registration form by February 15th. Balance required at workshop registration)

Cheques payable to: Superannuated Teachers of Saskatchewan Lloydminster Chapter

Please complete contact information:

NAME

STS CHAPTER

TELEPHONE

EMAIL (OPTIONAL)

Mail registration form and cheques to:
Madeline Robson
5908 24 Street Close,
Lloydminster AB, T9V 3J5

Block of rooms have been booked at the Ramada in Lloydminster at \$118.81 (tax included). Phone number is 780-872-7798. State you are with STS Arts Workshop when booking.

**Registration Form
4th Annual Mah Jongg
Tournament
Hosted by the Saskatoon STS Chapter**

Date: May 9, 2019
(Deadline for Registration April 29, 2019)
Location: STF Building, Eamer Auditorium
2317 Arlington Ave, Saskatoon,
SK S7J 2H8

Please print and complete all fields:

NAME

CHAPTER MEMBER? YES NO

IF YES, INDICATE CHAPTER

ADDRESS

CITY/TOWN

POSTAL CODE

TELEPHONE

EMAIL

REGISTRATION FEE: \$20
(includes tournament fee, gift and lunch)
Make cheques payable to STS Saskatoon Chapter.

Mail to:
Darlene Danyliw
350 Mulcaster Crt
Saskatoon, SK S7N 4B1

Players are required to bring their 2019 National Mah Jongg Card with them. Information will be posted on the Saskatoon Chapter website: www.sts-saskatoon.ca If you have any questions, please email Darlene at darlene.danyliw@shaw.ca Full refund prior to April 29, 2019, if you need to cancel. After that date, your registration fee is transferable to another player if you're able to find someone to take your place.

Time:
10 a.m. to Noon - First session (8 games)
Noon to 1 p.m. - Lunch
1 to 3 p.m. - Second session (8 games)

Cash prizes will be awarded as soon as possible after the tournament is over.

**Registration Form
STS 2019 Provincial Bowling
Championship – Yorkton, SK**

Date: May 6 and May 7, 2019
(Deadline for Registration April 14, 2019)
Entry Fee: \$70 / bowler
(includes bowling fee,
banquet, luncheon, awards)

Register as a team, partial or individual. For more information contact:

Terri Mitchell
ph: 306-782-2599 or
tmitchell@sasktel.net

TEAM NAME

TEAM CONTACT

ADDRESS

PHONE

EMAIL

Team Members and Approximate Individual Averages:

NAME AVERAGE
 MALE FEMALE

NAME AVERAGE
 MALE FEMALE

NAME AVERAGE
 MALE FEMALE

NAME AVERAGE
 MALE FEMALE

Tournament registration fee: _____ X \$70 = _____

Extra banquet tickets: _____ X \$25 = _____

Extra luncheon tickets: _____ X \$15 = _____

TOTAL ENCLOSED \$ _____

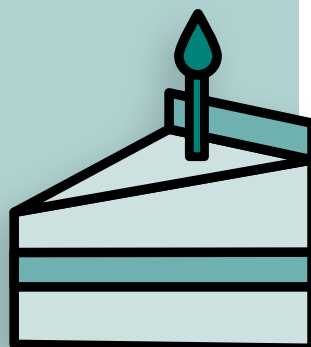
Make cheques payable to STS Bowling League Yorkton

Mail Registration Forms and Cheques to:
Terri Mitchell
96 Spice Drive
Yorkton, SK, S3N 4A2

Congratulations!

Amber MacLeod celebrated her 90th birthday in November. Amber is a member of the Regina Chapter, as well as, an Honorary Life Member.

Betty (Elizabeth) Willway celebrated her 90th birthday in September. Betty is a member of the Potashville Esterhazy Chapter.



2018 STS Stitch 'N Quilt

Saskatoon Chapter

Forty-three high energy sewers and quilters attended the 2018 STS Stitch 'N Quilt in Saskatoon October 23-25. The retreat was held in one large room and one ante-room/foyer at the Travelodge Hotel.

A variety of high quality classes were offered at the retreat:

- Beginner Quilting by Kathy Reid of Saskatoon
- Braid Techniques by Joan Payne of Hepburn
- Make it Disappear by Dorothy Thomson of Saskatoon
- Felted Brooches by Brenda Downing from Saskatoon
- Bionic Gear Bag by Linda Seeman Korte from Saskatoon
- Attic Windows by Linda Wright from Colonsay
- Two Fabric Bargello by Lavinia Kachuk from Saskatoon
- Jingle Balls by Judy-Ann Sherin of Saskatoon
- Hidden Pocket Purses by Edie Tarasoff of Kamsack

Participants also elected, at times, to spend time on personal quilting/ sewing projects.

The program also included an after dinner presentation on Day One. Jackie Tennant, STS member and 440-Quilts owner, gave a delightful presentation on "Sewing Our Stash". Jackie was very engaging, and kept participants chuckling with her personal anecdotes. Day two included a Shop Hop where 440-Quilts and Periwinkle Quilts opened their stores for the evening just for the retreat participants. Days two and three provided opportunities after a meal for participants to share something about their own projects. Fourteen ladies shared projects they were proud of or that had an emotional significance for them.

Door prizes from five longarm quilters were awarded – thank you to Debora Barlow (Debora's Quilting and Design, Saskatoon), Magot Halpenny (Prairie Sun Custom Quilting), Colleen & Craig Lawrence (No Guild Quilting, Moose Jaw), Michelle Fiolleau (Mami's Country Quilts, Duck Lake) and Cathy Swignard (Thistledown Cottage Quilts, Dundurn) for their donations.



What a great looking group of quilters and sewers! Long time friends, along with new friends made, gathering for a group photo.

Spotlight on Superannuates

Lorraine Iverson

From the time she was old enough to hold a book, Lorraine knew she wanted to be a teacher. She graduated from Teachers' College in Moose Jaw in 1953. Her first school was a country school, named Key West, several miles north of Ogema where she taught Grades 1-8 for four years. Sadly it closed in 1957 along with many other rural schools.

Subsequently, she devoted her time being a wife, mother, community volunteer and taking correspondence classes in education. In 1965, due to a shortage of teachers, she was "coerced" into teaching high school in Ogema until a full-time teacher could be found. This temporary position lasted until 1991. She then was asked to teach Language Arts and Social Studies to grades 7, 8 and 9. Lorraine taught those two classes as well as a mixed bag of other classes in the same grades until she retired. During that time, she was encouraged to take a Library Class and acted as librarian, a dream fulfilled.

Lorraine became involved in the local Teachers' Association and for the next 10-15 years held many positions. After she retired, she joined the Weyburn Chapter and within two years was elected President. While President, the representative on the Provincial STS Executive resigned and Lorraine was asked to let her name stand for the position. She was elected to the provincial Executive in 1995 as Member-at-Large and served for six years working on the Outreach

archives. She was also responsible for organizing the annual reports submitted by each Chapter and on the AGM Planning Committee. As a provincial Executive member, she was liaison to the Weyburn and Estevan Chapters. She resigned from the Executive in 2001.

Having been retired for almost 31 years, she is still a teacher to her grandchildren as every summer vacation at home or abroad has to include something educational.



Resolutions

Alan Laughlin

The Executive is presently receiving resolutions to be debated at the 2019 AGM. Please forward resolutions to the STS Office by March 1, 2019, to be printed in *Outreach*.

Provincial Bridge Report

Heather Neuls

On November 14, the Mainline Chapter of the STS hosted the 2018 Provincial Bridge tournament in Qu'Appelle at the Fifty Plus Club. Fortunately the weather cooperated and forty participants registered from numerous towns including Davidson, Katepwa, Weyburn, Grenfell, Lampman, Qu'Appelle, Fort Qu'Appelle, Wolseley, Regina and Wawota. The participants enjoyed the coffee, tasty muffins, and cheese snack prior to play. The one day tournament began at 10:00 am and concluded around 4:30 pm. The twenty couples completed 44 boards of duplicate bridge (Bruce Mitchell method) throughout the day. The delicious ham and scalloped potato dinner was catered by Bruce and Cathy Farrer, with the assistance of Brian Farrer.

The Provincial STS sponsored Team of Four plaque was awarded to Gordon and Diane Taylor of Davidson (North/

South competitors) and Dan and Carol Horsman of Fort Qu'Appelle (East/West competitors). The title of winning couple was also captured by Gordon and Diane Taylor. This provincial Pairs plaque has been donated by the Moose Jaw Chapter. An individual winner was not designated for this tournament. Other winners included Merrylin McCaskell and Norma Tanton (Wolseley and Regina), Larry and Donna Hall (Regina Beach), Kay and Don Delparte (Regina), Bev Stepler and Stan Marlin (Regina), Lucy Grob and Ross Brown (Regina) and Leonard Pigot and Robert Stringer (Dysart and Wolseley). Winners received a cash reward per couple of: 1st - \$50, 2nd - \$40, 3rd - \$30, and 4th - \$20.

The Mainline Chapter is honored to have hosted this year's Provincial Bridge tournament. Thanks to the volunteers who assisted with the event.

Budget, Finance and Audit

Don Gabel

The Committee met on January 9 to review the current financial position of the STS in both the Operating and the STS Extended Health Funds. The report reviewed the Statement of Operations as of November 30, 2018. We continue to have a good financial position in our Operating Fund showing Net Revenues of \$90,815.58. All of our current income and expense lines are within budget. There will be some pressure in two areas: Computer and Programming and Office Operation. These pressures are due to upgrades to the cloud for data storage and the renovation and move to new office space.

Financially the Extended Health Plan is in a positive position due to the new fee increases.

The Committee noted that the cost of the extra Chapter representatives at Presidents' Day was approximately \$3,500.00. The event was well received and will be evaluated after next year's event.

Chapter Rebates have been issued in the amount of \$96,976.00. This is \$3,024.00 under budget.

As per STS Guideline 9.12 there was a transfer of funds in the amount of \$48,630.50 from the Operations Reserve Fund to the Contingency Fund.

The STS is in a sound financial position.

From The Editor's Desk

Joyce Hoffman

We are experiencing a very different winter season. The weather has gone from strong blowing winds to freezing rain showers to regular snow showers. This is definitely not our usual start to the winter.

I would like to thank the Chapters and individuals that have taken the time to submit articles to "Superannuates Make a Difference" and "Spotlight on Superannuates". I encourage you

to continue to submit these articles. They will be used as space permits.

Please consider receiving notification when your copy of *Outreach* is available to be read online. You will be helping our organization save money in paper and postage costs. To do this, just contact the STS Office by email and request this service.

I want to wish you all the best in 2019.

STS Office Reminders

- Saskatchewan residents who are 65 years or older can apply for the Saskatchewan Seniors' Drug Plan. If you are approved by the Seniors' Drug Plan, you will receive a confirmation letter from the Ministry of Health. STS Group Benefit Planholders who are eligible for the Saskatchewan Seniors' Drug Plan may be eligible for a reduced premium by providing the STS office with a copy of the Seniors' Drug Plan confirmation letter.

For information on the Saskatchewan Seniors' Drug Plan, please speak with your pharmacist or contact the Seniors' Drug Plan office at 1-800-667-7581. If you live in Regina please call 306-787-3317.

- For any changes to your address and/or Group Benefits coverage, please contact the STS office directly at 306-373-3879 or sts@sts.sk.ca.
- If you are on a temporary contract and wish to suspend your STS Group Benefits, please contact the STS office.
- Please make sure that you are using the correct email address for the STS: sts@sts.sk.ca.

STS Executive 2018-19

President/Councillor	Sunil Pandila, Moose Jaw Chapter
Past-President/Councillor:	Maxine Stinka, Assiniboine Chapter
Vice-President/Councillor:	Don Gabel, Wakaw Chapter
ACER-CART Representative:	Marie LeBlanc-Warick, Wakaw Chapter
Executive Secretary	Fred Herron, Saskatoon Chapter
Outreach Editor	Joyce Hoffman, Swift Current Chapter
Councillors:	
Sue Amundrud	Carrot River Valley (Melfort & District) Chapter
Joyce Hoffman	Swift Current Chapter
Alan Laughlin	The Battlefords and District Chapter
Doug Still	Regina Chapter
Helen Sukovieff	Regina Chapter
Members-At-Large:	
Jane Isinger	Saskatoon Chapter
Mike Kaminski	Assiniboine Chapter
Diane Marchand	South Central Chapter
Lyle Markowski	Saskatoon Chapter
Doreen Rathgeber	Yorkton Chapter
Anna Wehrkamp	Carrot River Valley (Melfort & District) Chapter
Adeline Wuschenny	Regina Chapter



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