

OUTREACH



To The Superannuated Teachers
of Saskatchewan

President's Report

Doug Still

The 50th Annual General Meeting of the STS held May 9-11, 2023, was our first in-person AGM since May 2019, and it served as a wonderful opportunity for close to 200 representatives to meet, work and socialize.

An STS AGM is similar to a legislative assembly where the 39 Chapters in Saskatchewan and two in British Columbia send Delegates to conduct the business of the organization. A number of bylaw changes, as part of an ongoing Governance Review, as well as resolutions from Chapters and individuals were considered. These are reported in this edition of *Outreach*. The proposed 2023-24 budget was approved, with annual membership fees staying at \$30 and Chapter rebates unchanged at \$1,000 per Chapter plus \$8 per member.

Another important function of an AGM is to select members of the Provincial Executive. I want to extend our appreciation to three members who did not seek re-election: Gary Boechler (Okanagan Valley), Diane Marchand (South Central) and Adeline Wuschenny (Regina). They brought much to the organization, and we will miss them. Three new members were elected: Martin Berg (Unity), Dean Lucyk (Regina) and Owen Sebastian (Shaunavon). We look forward to having them on the team next year.

Two new Honorary Life Members were recognized: Walter Popenia from the Shamrock Chapter, along with Doreen Rathgeber from the Yorkton Chapter. They join approximately 130 women and men who have received this recognition. HLM recipients from 2020-2022 were also acknowledged in person due to COVID-19 disrupting our last three AGMs.

A PowerPoint featuring Honorary Life Members and Past-Presidents was shown. The names of our builders appear annually in AGM documents, but this year we were also able to see their photographs. Thank you to Jim Slough from Regina who produced this for the 40th anniversary in 2013, and for updating it since. Presidents are asked to contact the STS office if your Chapter would like a copy.

Many Chapters brought memorabilia consisting of local histories, photographs and other archival material. This material supplemented the historical panels created by the STS and provided the opportunity to learn about the foundational years of our various Chapters. An updated

STS history booklet is underway to build on the 40th Anniversary version produced in 2013. More details will be provided as the project nears completion.

Chapters are reminded that \$500 grant money is available to mark the 50th Anniversary. Funds were allocated in the current budget with additional money in the 2023-24 budget. Events must take place in 2023, with the application and reporting processes streamlined so Chapters can access the money as easily as possible. In addition to the final report on your event(s), please provide photographs as these will become part of our ongoing history.

With the June 30 deadline approaching, you are once again reminded of the Health Spending Account. If you have not accessed the \$250 and have no anticipated costs before the end of the month, please consider using the premiums that you have paid as the basis of your claim. Contact the STS office as soon as possible so our staff can assist you. There will be a two-month wind down period after June 30, but expenses must have been incurred prior to the end of June.

A number of resolutions regarding the Group Benefits Plan were considered at the AGM, including the possibility of an additional Health Spending Account (with several options proposed), consideration of premium reductions, and potential benefit enhancements. The Provincial Executive will weigh all options with the goal of ensuring that the insurance program remains financially sustainable while addressing the needs of members.

With a major change to *Outreach* expected this fall, this edition may be the last in this format. We look forward to the change and also encourage you to provide feedback as the new version rolls out.

The work of our organization does not happen by accident. It takes many people volunteering in their Chapters and at provincial events like the AGM and Chapter Presidents' Meeting each October. We also rely heavily on a dedicated staff led by Executive Director Murray Wall, Office Manager Colleen Bailey, Assistant Office Manager Heather Hase, and Administrative Assistant MJ Krips. Thank you to all our volunteers and staff for your incredible dedication on behalf of the STS.

Have a wonderful, enjoyable and relaxing summer!

Budget, Finance and Audit

Sue Amundrud

The Committee held a pre-AGM meeting to review the most current financial reports. These reports, which were also shared with all Delegates at the AGM, indicate that we are still in a healthy financial position overall.

As always, many resolutions at the AGM either deal directly with, or impact, our budget and planning. Those focused on Group Benefits will be dealt with, and reported by, that Committee.

The proposed budget for 2023-24 was accepted, including that annual fees remain at \$30, and that Chapter rebates continue to be \$1000 plus \$8 per Chapter member.

Significant discussion took place on how the Contingency Reserve Fund should be handled. Ultimately, resolutions regarding this fund were referred to the Executive, and developing recommendations that could come to our 2024 AGM will be a goal of this Committee during 2023-24.

Spotlight on Superannuates

Melville Chapter Queen Elizabeth II Platinum Jubilee Medal Recipients

Jeannette Cloutier, a superannuated teacher from the Melville Chapter, is a recipient of the Queen Elizabeth II Platinum Jubilee Medal for her tireless support of the arts in Melville throughout the past fifty years. Not only has she taught drama and visual arts within the K-12 system, she has also directed adult community plays. Under her direction, annual dinner theatres provide income to the Melville Arts Council, which she leads. In 2001, Jeannette was instrumental in taking over a school building and transforming it into a vibrant community center. The Art Club, an indoor playground, a community store, the Air Cadets, and a cooperative playschool number among the many groups that benefit from this 'jewel' called Melville Community Works. Her contribution to the community is immeasurable and lasting.



Walter "Wally" Oucharek, is a superannuated teacher from the Melville Chapter, is a recipient of the Queen Elizabeth II Platinum Jubilee Medal for care of the environment. An environmental steward and visionary, Wally served as the chair of the Trans Canada Trail Committee, and oversaw its official opening on June 19, 2022, after years of concerted work. In addition, during his tenure at Melville Comprehensive School teaching biology and science, he initiated a tree planting project in a vacant area next to the school, now referred to as "the forest." A talented artist in several media, Wally creates paintings, carvings, and works of stained glass. He also handcrafted the four musical instruments of a string quartet to symphonic standards. Wally's imprint on the community is indelible.



Dr. Walter Streelasky For Public Service

Walter Streelasky is presently serving his 5th term as mayor of Melville, representing the citizens of Melville. Previous to that, he spent six years as a city councillor. He has spent the majority of his teaching career as a school administrator in Melville, which was followed by a second career serving as a Faculty Advisor at the University of Regina and Brandon University. He is the Founding President of the Melville and District Physician Recruitment and Retention Committee as well as Founding President of the Melville and District Community Foundation. In 2020, Walter Streelasky was awarded the Saskatchewan Order of Merit – a prestigious honor awarded to an individual who has made a significant contribution to the social, cultural, and economic well-being of the province and its residents.

Carol Streelasky For Volunteer Service

Carol Streelasky, a superannuated teacher from the Melville Chapter, has offered her time and talents to the community of Melville in many ways. She served on the Music Festival Association, and directed the youth choir at the United Church. She is on the Board of the Southeast Regional Appeal Committee of Saskatchewan Social Services Appeal Board.



Most of all, in the support of her husband, mayor Walter Streelasky, through five years in mayoralty and six on City Council, she is fully invested in her community. She and Walter are everywhere. If something is happening in Melville, they are there. From the Melville Arts Council performances to dinner theatres to various community and church events, they make a point of being where people are gathering.

Recreation



**Don Gabel and
Alan Laughlin**

Upcoming Events

Recreation Activities:
Participation STS Style ...

GOLF

Host: Tisdale Chapter
Date: June 12-13, 2023
Location: Tisdale Riverside Golf Course
Contact: Shirley DeMarsh: 306-873-9069
Email: sdemarsh@sasktel.net
(registration form can be found on the STS website)

KEEP FIT AND KNIT

Host: Kerrobert Chapter
Date: June 20-22, 2023
Location: Macklin Prairie Moon Inn
& Suites
Contact: Darlene Kidd: 306-753-2185
Email: darlenekidd5@gmail.com
(registration form can be found on the STS website)

BRIDGE

Host: Mainline Chapter
Date: September 9, 2023
Location: Fifty Plus Centre,
38 Qu'Appelle St, Qu'Appelle
Contact: Bruce Farrer: 306-699-2613,
306-699-7897
Email: b.farrer@sasktel.net
(registration form can be found on the STS website)

STITCH 'N QUILT

Host: Moose Jaw Chapter
Date: September 25-28, 2023
Location: Moose Jaw Event Centre
Contact: Marlene McBain: 306-631-8393
Email: marlenemcb@sasktel.net
(registration form can be found on the STS website)

KAISER TOURNAMENT

Host: Wakaw Chapter
Date: October 12, 2023
Location: More information coming
Contact: Gail Huber: 306-369-7775
Email: bghuber@sasktel.net

CURLING

Host: Yorkton Chapter
Date: November 6-8, 2023
Location: Yorkton Curling Club,
455 Broadway St W, Yorkton
Contact: Gloria Rathgeber: 306-782-3317,
306-621-8735
Email: gloriafr@sasktel.net
More information: www.yorktonsts.ca
(registration form can be found on the STS website)

If Chapters are interested in hosting provincial events, please contact the STS office or a member of the Recreation Committee. We would also be open to any proposals for new events.

KEEP FIT AND KNIT RETREAT

Sponsored by Kerrobert STS Chapter and STS

Space in this retreat is limited. Please indicate if you are sharing a hotel room with another participant.

Where: Macklin Prairie Moon Inn & Suites, Macklin, Sk. Tel. (306) 753-3020
When: Tuesday noon, June 20 registration to Thursday Noon, June 22, 2023
Cost: \$50/knitter registration fee
Contact: Darlene Kidd by email: darlenekidd5@gmail.com or phone: 306-753-2185

Number of knitters: _____ x \$50 = _____

Additional suppers: _____ x \$18 = _____

Total: _____

Mail with cheque to:
KTSTS

Box 218, Macklin, SK S0L 2C0

NAME _____

ADDRESS _____

CITY/TOWN _____ POSTAL CODE _____

EMAIL _____ HOME PHONE _____

STS 2023 BRIDGE REGISTRATION

**Saturday, September 9
Qu'Appelle, SK**

Hosted by STS Mainline Chapter

Where: *Fifty Plus Centre* located at 38 Qu'Appelle Street in Qu'Appelle
When: Saturday, September 9, 2023 from 10:00 am to 3:30 pm
Cost: \$30/couple, \$15/single – Pay fee upon arrival! Noon meal and snacks included.
Prizes: 1st: \$100, 2nd: \$80, 3rd: \$60, 4th: \$40, and additional prizes for the unlucky players!!
Preference for at least one of the partners to be an STS Member. Single players paired upon arrival.

Register no later than **August 26** by

Email: b.farrer@sasktel.net

Mail: Bruce Farrer, Box 37, Qu'Appelle, SK S0G 4A0

QUESTIONS?

Contact Bruce Farrer Home:
306-699-2613 or Cel: 306-699-7897

NAME OF STS MEMBER _____

ADDRESS _____

CITY/TOWN _____ POSTAL CODE _____

EMAIL _____ PHONE _____

PARTNER'S NAME _____

ADDRESS _____

CITY/TOWN _____ POSTAL CODE _____

EMAIL _____ PHONE _____

PROVINCIAL STS STITCH 'N QUILT RETREAT

September 25-28 2023, Moose Jaw SK

**Registration Deadline: September 12, 2023
(Limited to 40 participants)**

To register by mail, send completed registration form to:

Marlene McBain Stitch 'N Quilt 2023
65 Taylor Crescent, Moose Jaw, S6J 1J5

To register by email, send completed registration form and e-transfer to: marlenemcb@sasktel.net

- Please bring your own projects for four days and/or sign up for classes.
- Supply lists will be sent out to those registered in given classes.
- Would you like your name on list of participants information package? YES NO

Registration (includes lunches, breaks, and two dinners):

\$185.00 plus cost of classes.
\$195.00 if after Sept.4, 2023.

Cancellation fee:

\$40.00 non-refundable after Sept 4, 2023

Registration: \$185.00

2 day class (\$30): _____

1 day class (\$20): _____

1/2 day class (\$10): _____

Total: _____

NAME _____

ADDRESS _____

CITY/TOWN _____ POSTAL CODE _____

EMAIL _____ PHONE _____

Highlights of the 50th Annual General Meeting

Huguette Kitchen and Anna Wehrkamp

The 50th Annual General Meeting of the Superannuated Teachers of Saskatchewan was held on May 9-11, 2023, at the Travelodge Hotel in Saskatoon. There were 170 Delegates present with representation from thirty-six of the forty-one Chapters, including the Okanagan Valley Chapter from British Columbia.

Registration began on Tuesday evening under the direction of the STS Office Staff, assisted by the Wakaw Chapter. Following President Doug Still's welcome, candidates running for Executive positions were given opportunity to address the Delegates. The evening concluded with the cutting of a 50th Anniversary cake and opportunity for some much appreciated in-person socializing with fellow Delegates. Memorabilia of the last 50 years was on display.

On Wednesday morning President Still chaired the plenary session beginning with the singing of O Canada. The President's and Executive Director's addresses followed the Invocation and Moment of Silence.

The Committee reports were tabled by Murray Wall, Executive Director, who also presented the 2023-24 budget. STF President, Samantha Becotte, delivered greetings and spoke of the recent 'Rally for Public Education.' Greetings were also heard from Marilyn Bossert, ACER-CART Western Regional representative and Lisa Lambert, MLA from Saskatoon Churchill-Wildwood. Delegates then broke into five small groups to discuss resolutions and the budget.

Following lunch, there was the presentation of Chapter Membership Growth Awards and the announcement of Chapter Awards. Ellen Whiteman, McDowell Foundation Manager, spoke of the research grants that have been awarded.

The afternoon consisted of seven interest sessions. Delegates could select and attend three sessions:

- STS Financials (Murray Wall)
- Saskatchewan Blue Cross (Anna Shewchuk)
- Sask Seniors Fitness (Judy Warick)
- SaskOutdoors (Aditi Garg)
- Travel Opportunities (Jamie Milton)
- Saskatchewan Seniors Mechanism (Holly Schick)
- Video – *Golden: The End of Ageism*

The 2020, 2021, 2022 and 2023 Honorary Life Membership recipients were piped into the Galaxy Ballroom prior to the banquet. This year's recipients were Walter Popenia and Doreen Rathgeber. Gary Boechler and Don Gabel introduced the Honorary Life Members present and Doug Still and Murray Wall introduced special guests. Following

the presentation of Honorary Life Memberships, the evening concluded with entertainment by Jeffery Straker, a well-known Saskatchewan singer-songwriter.

The Annual Business Meeting and elections were held on Thursday morning. For voting on resolutions and elections, Delegates once again used the services of DOTS (Data on the Spot) which proved to be a very efficient way of voting.

The results of the elections are as follows:

- **President** Doug Still, Regina (Acclaimed)
- **Past-President** Sunil Pandila, Moose Jaw
- **Vice-President** Sue Amundrud, Melfort (Acclaimed)
- **ACER-CART** Helen Sukovieff, Regina (Acclaimed)
- **Councillors**
 - Don Gabel, Wakaw
 - Huguette Kitchen, Lloydminster
 - Alan Laughlin, Rabbit Lake
 - Terri Mitchell, Yorkton
 - Devona Putland, Moosomin
- **Members-at-Large (Acclaimed)**
 - Martin Berg, Unity
 - Joyce Hoffman, Regina
 - Jane Isinger, Saskatoon
 - Dean Lucyk, Regina
 - Owen Sebastian, Shaunavon
 - Diane Selby, Saskatoon
 - Anna Wehrkamp, Gronlid

Following the elections, resolutions submitted by Chapters, individuals and the Executive were considered. Resolutions Committee Chair, Alan Laughlin, chaired this session. Similar to the 2022 virtual AGM, a two-minute time limit on presentations made by Delegates during the resolution debate was used, which kept the pace moving briskly.

A 'courtesy' resolution was passed thanking all participants, staff, sponsors and service providers for making the AGM a success. The STS would like to thank Saskatchewan Blue Cross, ESTI, STF, Connor Clark & Lunn, TCU Financial and the Travelodge Hotel for their support.

Another very successful McDowell Foundation Raffle organized by Elaine Broughton was held. Please contact the McDowell Foundation if you have donations for next year's raffle.

Delegates were also reminded that a survey would be sent the following week asking Delegates for their input and evaluation of the AGM. The AGM was declared adjourned at 2 p.m.



Cutting of the STS 50th Anniversary cake, Sue Amundrud (Vice-President) and Doug Still (President).



Entertainment on Wednesday evening was provided by Jeffery Straker.

As AGM Co-chairs, we would like to thank all those who contributed to the success of the AGM. It was wonderful to see the return of an in-person AGM, since the last such gathering in 2019.

Door Prize Winners:

- Blue Cross Gift Basket
Meredith Churchill
- Set of Books
Teresa Gibbens
- Indigo Gift Card
Roland Nordick

McDowell Foundation Raffle Winners:

- Painting
Irene Steward
- Large Quilt
Shirley Goodrich
- Wood Bowl
Sylvia Mardell

Chapter Membership Growth Awards 2022-23

- Lloydminster Chapter
- Saskatoon Chapter
- Wakaw Chapter

Chapter Award Recipients 2022-2023

Outlook & District Chapter

Service Award:
Warren Read

Saskatoon Chapter

Chapter Honorary Life Membership:
Fred Herron

Swift Current Chapter

Chapter Recognition Award:
Patti Gatzke

The Battlefords and District Chapter

Jean Deyell

Wadena Chapter

Joy Renshaw

Yorkton Chapter

Chapter Award of Merit: Glenda Lazurko

Regina Chapter

Award of Merit:
Doug Still

2023 Honorary Life Member Recipients

Walter Popenia

- An active member of the Shamrock Chapter
- Over the years he has served as Chapter President, Chapter Delegate and Recreation event participant
- Actively involved as a community volunteer, coach, Parish Council member, entertainer and member of multiple boards



Doreen Rathgeber

- An active member of the Yorkton Chapter
- She has served on the Provincial Executive and in multiple rolls at the Chapter level including President
- Has been involved in the local Ukrainian Catholic Parish, a school division board member, intern supervisor and Yorkton Film Festival



STS Resolutions

Alan Laughlin

Information regarding the disposition of resolutions pertaining to Constitution and Bylaws has been sent to each Chapter President for distribution to members.

Resolutions Directed to STS (A)

A.13 BE IT RESOLVED that the following be added to Superannuated Teachers of Saskatchewan Policy Handbook as Policy 16:

16.1 As an organization with interest and history embedded in education in Saskatchewan, the STS supports teachers and prospective teachers entering the profession through the Education degree granting institutions in Saskatchewan.

16.2 The STS believes that prospective teachers should have opportunities to be instructed by full time, permanent, tenure-track faculty.

16.3 The STS believes that prospective teachers should have practicum in school experiences. **Carried**

A.14 BE IT RESOLVED that the STS urge the Education degree granting institutions in Saskatchewan that prospective teachers should have opportunities to be instructed by full time, permanent, tenure-track faculty. **Carried**

A.15 BE IT RESOLVED that the following Policy 1 (1.2) be added to Superannuated Teachers of Saskatchewan Policy Handbook: "As a local of the STF, adopt election bylaws, policies and procedures modeled on STF bylaws, policies and procedures." **Defeated**

A.16 BE IT RESOLVED that the STS develop a plan to annually recognize and celebrate October 1, National Seniors Day and the United Nations International Day of Older Persons. **Carried**

A.17 BE IT RESOLVED that the STS extend the STS Group Benefits Plan Enhancement – Health Spending Account with an additional \$250 account to be utilized by June 30, 2025. **Referred to Executive**

A.18 BE IT RESOLVED that the STS consider including in the next round of the Blue Cross Health Plan negotiations, a \$300 per member Health Spending Account. **Carried As Amended**

A.19 BE IT RESOLVED that the STS use the excess in the Group Benefits Sustainability Reserve above the 30% policy guideline 9.2.3.5 to lower STS Group Benefits Plan Premiums. **Defeated**

A.20 BE IT RESOLVED that the STS use the excess in the Group Benefits Sustainability Reserve above the 30% policy guideline 9.2.3.5 to improve STS Group Benefits Plan benefits. **Defeated**

A.21 BE IT RESOLVED that Guideline 9.2.3.1 third bullet be amended to add "and approved by the Annual General Meeting or Special Business Meeting." **Defeated**

Directed to the STF

B.1 BE IT RESOLVED that the STS request the STF to urge the Education degree granting institutions in Saskatchewan that prospective teachers should have opportunities to be instructed by full time, permanent, tenure-track faculty. **Carried**

Directed to ACER-CART

No resolutions received

Directed to the Government

D.1 BE IT RESOLVED that the STS urge the Government of Saskatchewan to restore the income threshold level for the Seniors' Drug Plan to the same level used by the Government of Canada for the clawback for Old Age Security. **Carried**

D.2 BE IT RESOLVED that the STS urge the Government of Saskatchewan to provide free access to physician ordered rehabilitation services. **Carried**

D.3 BE IT RESOLVED that the STS urge the Government of Saskatchewan to provide physician ordered cardiac rehabilitation at no cost for seniors. **Carried**

Late Resolutions

L.1 BE IT RESOLVED that on behalf of STS who are members of STF PortaPlan Insurance Program, we ask the Superannuated Executive to ask for an Annual Report from the STF as to the financial stability and longevity of PortaPlan. **Carried**

L.2 BE IT RESOLVED that AGM 2023 adopt the process for debate on resolutions of 3 minutes for the mover and 2 minutes for other speakers to the resolution. **Defeated**

L.3 BE IT RESOLVED that the STS enter into a new STS Group Benefits Plan enhancement – Health Spending Account with an account available equally by each enrolled member to be utilized by June 30, 2025. The amount to be determined in accordance as determined by funds available. **Carried**

Additional Motions

THAT the minutes of the 2022 Annual General Meeting of the Superannuated Teachers of Saskatchewan be approved. **Carried**

THAT the STS proposed budget for 2023-24 be approved. **Carried**

THAT Deloitte be appointed as STS Auditor for 2023-24. **Carried**

STS Office Reminders

- STS Group Benefit Plan holders who are eligible for the Saskatchewan Seniors' Drug Plan may be eligible for a reduced premium by providing the STS Office with a copy of the Seniors' Drug Plan confirmation letter. For information on the Saskatchewan Seniors' Drug Plan, please speak with your pharmacist or contact the Seniors' Drug Plan office at 1-800-667-7581. If you live in Regina please call 306-787-3317.
- For any changes to your address and/or Group Benefits coverage, please contact the STS Office directly at 306-373-3879 or email sts@sts.sk.ca.
- Please make sure that you are using the correct email sts@sts.sk.ca.

Group Benefits

Sunil Pandila

For all Primary Plan holders who were on the Plan as of July 1, 2021, "PLEASE USE YOUR HEALTH SPENDING ACCOUNT (HSA)!"

The Health Spending Account closes on June 30 and after that date no more reimbursements for eligible medical expenses will be allowed. However, you will have 60 days from June 30 to submit your claim to Blue Cross. Help a neighbor, friend or colleague if you know they have not used it. The STS Office can provide assistance if you have questions.

As we near the end of the first year of our current two-year agreement with Saskatchewan Blue Cross for our Group Benefits Plan, the overall financial position continues to be positive. The effects of COVID-19 continue to have a lingering impact on our Group Benefits Plan. The Plan Experience Report received as of March 30, 2023, shows excess revenues over expenses totaling approximately \$1.48M. However, we did see an overall deficit in March of \$45K. We anticipate experiencing deficits in our last year as services get back to normal, which will offset our current excess revenues.

We will continue to monitor and report how the plan continues to do financially and make decisions based on the financial facts.

We heard at the AGM the following ideas for the Plan:

- Lower or maintain premiums
- Increase benefits
- Include a Health Spending Account next year

We will continue to work with our consultants, Elev8 and Saskatchewan Blue Cross to see what would be the best in order to meet the needs of the Planholders. I would like to thank all Delegates for a very successful AGM and the discussions in resolutions regarding the Group Benefits Plan.

An important role of the Committee is to oversee the finances that drive our Health Plan. This is done in accordance with our goals and aims of ensuring that the Plan is sustainable and viable over the long term, while still managing to improve in areas as necessary and keeping rates affordable. There are four essential funds that help to support our goals to ensure the longevity of the plan in accordance with our Policy Guidelines:

- Group Benefits Accounts
- Group Benefits Sustainability Reserve
- Claims Fluctuation Reserve
- Incurred But Not Reported Reserve

Balances in these various reserves were presented at the AGM.

Over the course of the past year, we have updated and informed our 8,802 members on the Plan through *Outreach* and Chapter communications. I am happy to say that we have been able to achieve the following goals the Committee set out in September.

- Closely monitor the Group Benefits Plan and the financial status of the Plan.
- Continue to promote and provide information to potential

superannuates regarding the Plan so they have accurate information to make an informed decision regarding participation.

- Consider enhancements to the Plan based on financial implications.
- Monitor and update the *STS Information Booklet* subject to its review.
- Monitor potential impacts of federal dental care and pharmacare programs.
- Review processes to guard the Plan against fraud.
- Review criteria for out of province premium reduction.


As always, please continue to use the Group Benefits for your wellness needs and be proactive in your retirement years. There is nothing better than an ounce of prevention to make sure you continue to enjoy the best years of your life!

Birthday Celebration


Erwin Krueger, member of the Estevan Chapter, will be celebrating his 90th birthday on November 1.


Outreach Refresh!

You will have noticed from the new STS logo on this publication that 2023 represents the 50th Anniversary of the establishment of the Superannuated Teachers of Saskatchewan! One of the ways in which the 50th will be recognized will be a refresh of the *Outreach* publication, scheduled to appear in its new format in the fall of 2023. The new format intends to utilize a greater number of articles of general interest to superannuated teachers and older adults. As we work towards the launch date of this refresh, we are seeking your assistance in the following areas:

 **Photography** – We are seeking submission of your Saskatchewan photos made up of landmarks, scenery, or nature but no identifiable people.

Attach the photo to an email addressed to sts@sts.sk.ca. If we utilize your photo we will provide you with recognition!

 **Writing** – Are you interested in being part of our bank of writers? We will be seeking original articles of interest on a variety of topics ranging from Life Transitions, Health and Wellness, Lifelong Learning, Advocacy, Environmental Responsibility and more! If you would be willing to be part of our Writers Bank, please email us at sts@sts.sk.ca and identify your area(s) of interest!

 **Anecdotes** – Do you have a story to tell about your involvement in the provincial STS or Chapter that would make an interesting anecdote? Please send to sts@sts.sk.ca.

Editor's Report

Joyce Hoffman

Another successful in-person AGM is complete, with many Delegates present to see friends again. Please review the resolutions and reports found in this issue of Outreach. Congratulations to all elected members to the STS Executive.

We are looking forward to the new look of Outreach. It will be revamped and refreshed, and should be in your hands this fall. It will be an important change as we celebrate the 50th Anniversary of our organization.

Have a great summer and enjoy time with family and friends!

Did you know

The STS spends nearly \$50,000 per year on printing and mailing costs for Outreach! You can help us reduce this cost by requesting Outreach in an electronic format. You would receive an email when a new issue is being posted on the STS website, and you can then access it at your leisure. This is a great way to help us save money, reduce paper usage and be more environmentally friendly. Please clip and send this back to us by email to sts@sts.sk.ca (you can just take a photo and email) or send by regular post.

Yes, I'd like to start receiving Outreach electronically!

Name: _____

Address: _____

Email: _____

STS Executive 2022-23

President/Councillor:

Doug Still, Regina Chapter

Vice-President/Councillor:

Sue Amundrud,
Carrot River Valley
(Melfort & District) Chapter

Past-President:

Sunil Pandila, Moose Jaw Chapter

ACER-CART Representative:

Helen Sukovieff, Regina Chapter

Executive Secretary:

Murray Wall, Saskatoon Chapter

Outreach Editor:

Joyce Hoffman, Regina Chapter

Councillors:

Don Gabel, Wakaw Chapter

Jane Isinger, Saskatoon Chapter

Alan Laughlin, The Battlefords & District Chapter

Terri Mitchell, Yorkton Chapter

Devona Putland, Moosomin Chapter

Members-at-Large:

Gary Boechler, Okanagan Valley Chapter

Joyce Hoffman, Regina Chapter

Huguette Kitchen, Lloydminster Chapter

Diane Marchand, South Central Chapter

Diane Selby, Saskatoon Chapter

Anna Wehrkamp, Carrot River Valley

(Melfort & District) Chapter

Adeline Wuschenny, Regina Chapter

OUTREACH

To The Superannuated Teachers of Saskatchewan

To control costs, one copy is sent to households where both spouses are members. If this is not satisfactory, please contact the STS Office in Saskatoon.

Please email the STS Office if you wish to receive notification when it is posted on the website instead of receiving a hard copy.

Outreach is available online at www.sts.sk.ca.

Website: www.sts.sk.ca

Phone: 306-373-3879

Email: sts@sts.sk.ca

Fax: 306-242-2538

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