

Outreach



To The Superannuated Teachers of Saskatchewan

Volume 25, Number 3 • January/February 2003
2317 Arlington Avenue, Saskatoon SK S7J 2H8

From the President

DOREEN LLOYD

Happy New Year!

January 14 to 16 saw the Executive involved in Committee Meetings and an Executive Meeting. On the afternoon of the 15th, the Executive met in session to review the proposed changes to the Constitution and Bylaws. It provided Executive members the opportunity to present any feedback that they had received from their liaison Chapters, and to give their own opinion. A number of issues were discussed and some recommendations made. It was a valuable experience. The proposal will be addressed again at the March Executive Meeting. I encourage Chapters to review the proposal and present their opinions to their Chapter liaison or to the Constitution Committee.

The Budget and Finance Committee reviewed the financial statements for November and December, and reports that we are within budget. A budget for the Annual General Meeting was presented and recommended to the Executive for

approval. The proposed budget for 2003-2004 received some consideration. The budget will be finalized and presented for approval at the March Executive meeting, so that it can be made available to Chapters for consideration at the AGM. The Executive ratified the new contract with our Office Manager. The position of Executive Secretary has been in place for approximately one year. The Executive took some time reviewing the role of the Executive Secretary. They strongly recommended that this position be retained. Fred Herron is to be congratulated and thanked for all he has done over the past year. The work of committees has certainly become less stressful because of what he does in preparation for Executive Meetings. All members of the Executive are to be commended on the dedication with which they approach the work on behalf of the STS.

Earle Robertson, the consultant with the Dr. Stirling McDowell Foundation, met again with the Executive. He will be in contact with Chapters regarding some of

the initiatives being proposed for involvement in the Foundation.

I was disappointed that the Chapter visits to Langenburg and Potashville Chapters had to be cancelled due to one of those famous Saskatchewan snowstorms. I hope that they can be rescheduled. I want to be able to meet with as many Chapters as possible. There are a number of Chapter visits planned for February, March, and April. I look forward to meeting the members of these Chapters.

A number of deadline dates are fast approaching. Remember that Chapter concerns or proposed changes in the Constitution and Bylaws are to be forwarded to the office by February 15. Nominations for Honorary Life Members and the list of Chapter Award recipients are to be submitted by February 28. To have Chapter resolutions printed in the March Outreach, they must be received in the office by March 1. Chapters should be giving some consideration to the selection of delegates to the AGM. Guidelines will be sent to Chapters shortly.



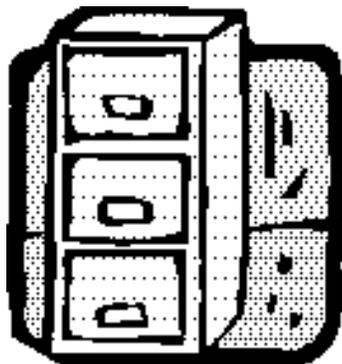
From the Editor

Happy New Year! I pray that it will be a peaceful and healthy one for us all.

I reread the Recipe for 2003 and was somewhat dismayed with myself. Only 18 days of the New Year have passed and already I've made mistakes and handled things not as well as I should have. Since I can't do a thing about the 18 days that have passed I'll just have to strive to do better with the 347 that remain.

I'm sure you'll do the same. God bless and take care!

Loretta A. Romankewicz
409 5th Ave. SE
Swift Current, SK S9H 3N5
Fax/ Ph. 773-5244



Outreach, the newsletter of the Superannuated Teachers of Saskatchewan, is published 5 times a year and is mailed to paid up members.

In order to control costs, one copy is sent to households where both spouses are members. If this is not satisfactory, contact the STS office in Saskatoon.

Phone: 373-3879 Fax: 374-1122 E-mail: sts@stf.sk.ca
2317 Arlington Avenue, Saskatoon, SK S7J 2H8
Monday to Friday 8:30 A.M. to 12:00 noon.

The first twelve months, select only those which are thoroughly free from all memories of bitterness, hate, or jealousy. Pick off all specks of pettiness.

Cut these months into thirty or thirty one equal parts. They will keep for only one year. Prepare one day at a time.

Into each day, put faith, patience, courage, work, hope, fidelity, kindness, rest, prayer and meditation.

For spice and sweetening, according to your scruples, add about a teaspoonful of good spirits, a dash of fun, a pinch of folly, a sprinkling of play and a heaping cup of good humour.

Pour in love, add compassion into the whole and mix with vim and vigor. Cook thoroughly in a fervent heart. Garnish with many smiles and a sprig of joy.

Then be sure to serve with quietness, unselfishness and cheerfulness, and a happy year is a certainty.

Remember, with a smile and a prayer, twelve new months have been issued in your name to do with as you wish.

Enjoy! (The Saskatchewan Senior, January 2003)

Recipe for 2003

Honorary Life Membership

Nominations for Honorary Life Memberships must be sent to the chairperson in plenty of time to ensure their arrival before Feb. 28. Guidelines for nominations were printed in the last issue of *Outreach*. If you have any questions or concerns, please contact the chairperson by phone at 873-2030, e-mail at darlene.mccullough@sk.sympatico.ca or by mail Darlene McCullough, Box 1195, Tisdale, SK SOE 1T0

Nominations for 2003-2004 Executive

Nominations are now being accepted for the following Executive positions: President, Vice-President, CART representative, Councillors and Executive-members-at-large. Please submit the name, address, and phone number of nominees for these positions to the STS office or to Bert Gordon, Nominations Chair. (Phone 763-7113, E-mail - bert.gordon@sk.sympatico.ca)

Nominations received by March 10, 2003 will be listed in the next *Outreach*, however, nominations may be submitted up to and during the AGM.

It is quite acceptable to submit your own name. If submitting the name of another member, be sure that you have his/her consent.

Committee Reports

Constitution and Resolutions Committee

SIEGRID SCHERGEL

The review of the draft Policy Handbook is progressing well and we anticipate that a finalized proposed handbook containing the constitution, bylaws, policies and guidelines of the organization will be ready for consideration by the delegates at the AGM in May. If your Chapter has not yet done so, please forward your comments and reactions to the draft you received in early December to the STS office by Feb. 15th. These comments will be included in the draft the Executive will discuss at the March Executive Meeting.

I would also like to encourage Chapters to consider submitting resolutions to the upcoming AGM. A resolution is a formal proposal calling for the STS to take a certain action or to express a certain point of view, or to express a set of beliefs. The format and criteria for resolutions has been forwarded to your Chapter President and will also be included in the President's AGM information. When writing Resolutions, please refer to these criteria. (Note: They are also outlined in Guideline 3 of the draft Policy Handbook.)

Resolutions should be forwarded in writing to the STS Office, either by e-mail to sts@stf.sk.ca or by regular mail to STS, 2317 Arlington Ave., Saskatoon, SK S7J 2H8. Those received by March 1 will be published in Outreach following the March Executive Meeting. Resolutions received after March 1 will be mailed to Chapter Presidents with the other AGM material.

The constitution also states that resolutions will be accepted at any time up to and including the day before the presentation of

resolutions to the delegates at the AGM. These resolutions must be in writing and should be submitted in the same format as used prior to the AGM.

We look forward to hearing from you.

Benefits Committee

BERT GORDON

As of February 1 our new Benefit contract went into effect. With this three-year contract and its provisions to keep any surplus funds in the plan, we are hopefully looking forward to a long period of stability. We would like to thank all participants for their careful use of the plan and for submitting claims promptly.

At our committee meeting in January we met with Darwin Forbes and Randy Lewis from Blue Cross. Randy will be our main contact, taking over from Darwin. No final claims reports were available at that time. They will be available shortly after the former contract ends on January 31, 2003.

Some Useful Information

1. Forty two new drugs have been accepted on the Saskatchewan Formulary.
2. In order to speed up the receipt of claims, members are able to arrange for electronic transfer of payments from Blue Cross to your financial institution. Arrangements for this must be made directly with Blue Cross. Normally, turn-around time at Blue Cross is five working days, but in January it has been about eight working days due to the high end-of-year submission of claims.
3. In all cases where there is a time restriction on repeat claims (ie: eye examinations and glasses once every two years), the two years is taken to be two calendar

years. For someone who was in the plan in 2000, the two calendar years are 2000 and 2001, then 2002-2003, etc. A claim may be submitted any time in that two year period. For example, if a claim is made in November 2001, another claim could be made as early as January 2002 but no further claim could be made during the 2002-2003 period. Your first time period starts the year you enroll. If the limit is one claim per year then that claim can be made any time during that calendar year from January 1 to December 31.

4. Remember, help with the cost of your prescription drugs may be available under the Saskatchewan Prescription Drug Plan. If your prescription drug costs exceed 3.4% of your annual family income the Government will cover part of that cost. If you feel your costs are even close to that level, it is a good idea to apply. Forms are available at all drug stores.

Archive Committee

LAURA LAWSON

- We have completed the editing, sorting and boxing of archive material.
- We have tentatively recorded material in the STS Archive Inventory List.
- We need to complete editing and sorting sports reports and inventory of same.
- We will complete a database and inventory listing of archive material stored off-site.
- We will submit a final report to the Executive by AGM 2003 - May 21-23.

The STS executive has designated the Archives Committee to be responsible for the Chapter Growth Awards and to explore alternate ways to recognize this growth. The committee would invite comments and/or suggestions from members and chapters.

ACER/CART Policy on Health Care in Canada

The following policy on Health Care in Canada was passed unanimously by all thirteen members of ACER/CART at its Annual General Meeting in Ottawa in June of 2002. This policy forms the basis from which retired teachers and their organizations can advocate for quality health care in Canada.

1. The five historic principles of the Canada Health Act (1984) (universality, access, comprehensiveness, portability and public administration) shall define any vision, current or renewed, for publicly funded health care in Canada. These principles shall inform all ACER/CART interventions in health care in Canada.
2. The Federal Government is an essential partner with the provinces in the provision of health care. Among other things, it has the responsibility to define national standards for health care and to provide funding, supplementary to provincial funding, adequate to ensure the implementation of such national standards. ACER/CART shall, insofar as it is able, support efforts of the Federal Government to renew existing national standards and in monitoring their implementation.
3. Timely access to health care and required services, provided by qualified medical personnel, shall be the right of all Canadians, irrespective of their place of residence, financial circumstances, or state of health.
4. Health care shall be deemed to include education, prevention, diagnosis and counselling, and shall be the element upon which all health care pivots in a Canadian comprehensive health care system.
5. Seniors constitute an increasing proportion of Canadian society. Seniors have special needs and ACER/CART, on their behalf, urges health care policy makers to take an integrated approach to health care, one that will ensure seniors a measure of independence commensurate with their history. This will ensure a quality of life, and death with dignity through care at home, in long-term care facilities, and in hospital settings.
6. Many Canadians rely on medications for their very lives. Given the proportion of seniors making up the Canadian population and their special needs, a review of costs in providing necessary drugs is mandatory. This review shall include: the way pharmaceuticals are prescribed to an aging population and the benefits to be derived from more holistic approaches to medical treatment. ACER/CART believes that adequate provision of medication should form an essential component in the national health care program.
7. All citizens of Canada have a right to health care. System efficiencies, streamlining operations, and restructuring health care facilities shall not be accepted as sufficient reason to deny citizens this right, regardless of location or wealth. It is conceded, however, that such services need to be provided as efficiently as possible.
8. Health care shall be provided out of revenues gleaned by governments from public taxation.
9. Possible expansion of publicly funded health services shall not compromise the availability and quality of those medical services currently insured, except for those services no longer deemed basic or required.
10. Organizations of retired teachers will continue to be involved with the development of health care strategies intended to benefit Canadians of all generations, in a meaningful and continuing way.
11. ACER/CART urges all levels of government to determine, in concert, their share of the costs of health care and make a commitment to paying such share each year for several years and that information concerning such agreements is made public.
12. ACER/CART believes that home care should constitute an essential element of the national health care system.

That's a good question

Q: How was our cost of living increase calculated?

A: The Consumer Price Index is a measure of the change in the price of a set basket of commodities over a set period of time, usually one year. Many such calculations are made, nationally, provincially or regionally, using different commodities and over different periods of time.

The one used to determine the cost of living increase in our pensions is the National CPI calculated from November 1 of one year to October 31 of the next. This year that figure was 1.64%. The increase in our pension is 80% of that figure rounded to the nearest tenth. Since $.8 \times 1.64 = 1.3$, the increase in our pension as of January 1, 2003 was 1.3%.

Retirement Lifestyle Planning

We will be making presentations at four Teachers' Conventions in February of this year. Requests have been received from the teachers in Regina, Swift Current, Prince Albert and the South East area.

Fraser Valley Chapter Highlights

**Arlene Burtniak,
Secretary-Treasurer**

The Fraser Valley Chapter honored four faithful members who celebrated ninety years of age during 2002. They are Sara Harder, Martha Wourms, Clarence McLeod and Thurlow Gowan. After presentations and photos, each gave an interesting account of his/her first year of teaching over seventy years ago. Among the four, they taught school a total of 157 years. Sara and Martha were in the same class at Saskatoon Normal School but had lost contact until they met a few years ago at a Chapter Meeting. A budding friendship was rekindled.

Executive Meeting Dates for 2002-2003

Committee meetings to be on the preceding Wednesday.

Thursday, March 13, 2003

Wednesday, May 21, 2003
(pre-AGM)

Friday, May 23, 2003
(post-AGM)

AGM Wednesday, May 21 -
Friday, May 23, 2003 at the
Travelodge Hotel, Saskatoon

Plan to Attend

30th Annual General Meeting of the STS

May 21 - 23, 2003

Travelodge Hotel, Saskatoon

Chapter Presidents will receive a package of information about the AGM early in February. Chapter secretaries please send your list of AGM delegates to the STS office shortly after receiving the information. We like to have all delegates registered by April 1st.

A resolution was passed at a previous AGM that we keep the number of delegates as close to 200 as possible. Therefore, each Chapter is allowed two voting delegates for the first 40 paid up members, and one additional delegate for each additional 40 paid up members or portion thereof.

REGISTRATION AT THE AGM :

Wednesday, May 21 5:30 -7:30 P.M.

Thursday, May 22 Discussion of Resolutions and Constitution.

INTEREST SESSIONS:

Delegates may attend 3 of the 5 offered:

1. **STS Group Benefits Plan** - Fred Herron, Bert Gordon
2. **Teaching in a Third World Country** - Norman Duerr
3. **Dr. Stirling McDowell Foundation for Research into Teaching** - Sharlene McGowan
4. **Coping with Arthritis** - figure skater with Team Canada Nicole Watt
5. **ABC's of Fraud** - program offered through SSM (Saskatchewan Seniors Mechanism)

OTHER GUEST SPEAKERS:

Wayne Clements, STF President

Earle Robertson - Dr. Stirling McDowell Foundation
for Research into Teaching

Chapter Presidents: You will receive a packet of information early in February. Please send your list of delegates to the STS office shortly after receiving the information.

Plan to attend!

**Shirley Dyck, Darlene McCullough,
Co-Chairs of the AGM Planning Committee**

STS Provincial Recreation Update

ED MAGIS 783-3350 • YORKTON
MIKE KAMINSKI 593-2222 • INVERMAY
RITA CARRIERE 584-1139 • REGINA



And the Winners are . . .

CURLING RESULTS FOR 2002

HOST: BATTLEFORD CHAPTER; 20 TEAMS PARTICIPATED

A Event - Melfort

Gary Forsyth
Doug Lyons
Brian Gilbertson
Dennis Spagrud

B Event - Humboldt

Daniel Speiner
Marian Speiner
Herman Baur
Lloyd Nelson

C Event - Yorkton

Lorne Hootz
Bill Gibson (Red Deer)
Al Mitchell
Ed MagisJake Wiebe

D Event - Rosetown

Doug Duboice
Wayne Bright
Laverne Friesen

ACTIVITIES

BOWLING: May 1 & 2 in Regina / See registration form to the left.

BRIDGE: Swift Current Chapter will host in 2003. Saskatoon has expressed interest in hosting in 2004.

CURLING: Assiniboine Chapter (Canora) will host in 2003. Limit 16 teams. Contact Maxine Stinka 563-5567.

FISHING DERBY: For the third consecutive year, Moosomin/Mainline Branch will host the 2003 Annual Fishing Derby at Round Lake **July 3** / alternate July 10.

GOLF: June 10 & 11 at the Saskatoon West Golf and Country Club. Contact: Len Kirkland 664-4629 or Bill Meger 249-1329.

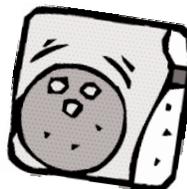
HORSESHOES: If enough entries are received, the "Last Chance" Tournament will be held in Saskatoon on **June 5**. Contact: Bill Meger 249-1329.

KAISER: Humboldt will host the 2003 tournament. There will be a banquet and a session on **October 21** followed by 2 sessions on **October 22**. Contact: Vikki Zurburg 366-2045.

STS Bowling 2002

Golden Mile Bowling Lanes, Regina, SK

May 1 & 2, 2003



Register as a group (of 5) or as an individual. Registration limited to 80 entries.
Fees: \$43/person (includes 6 games, banquet, Friday luncheon and Awards)

Entry Form

Name: (last) _____ (first) _____ (initial) _____

Address: _____

Postal Code _____

Phone #: _____

Team Registry: (Name) _____

Names of OTHER team members:

1. _____, Phone: _____

2. _____, Phone: _____

3. _____, Phone: _____

4. _____, Phone: _____

Fees enclosed _____ x \$43 = \$ _____

Extra Banquet Ticket _____ x \$23 = \$ _____

Extra Luncheon Ticket _____ x \$7 = \$ _____

Send entries and fees made payable to

STS Bowling to:

Roger J. Sylvestre
7503 Hendry Place
Regina, SK S4Y 1C9

Phone: 306-949-6906 or 306-789-8174 (Lyse Gomes)

Motels:

1. West Harvest Inn (across from Bowling Lanes; Banquet site; special \$77 (30 rooms) 4025 Albert St. 586-6755)

2. Sherwood House Motel, 3915 Albert St. 586-3131

Saskatchewan Seniors Mechanism

**AL SCHELL,
SSM BOARD MEMBER**

A meeting of the SSM Board was held on Jan. 14, 2003. The agenda included a number of routine topics as well as major items related to possible cooperation with the Canadian Association of Retired Persons (CARP) and funding for recreational projects through the Saskatchewan Lotteries Trust Fund.

CARP approached SSM last year with a request for cooperative activity designed to strengthen the voice of seniors across Canada. Possible initiatives included endorsement and promotion of CARP positions on topics such as taxation, health care and financial services. This would complement the desire of CARP, to increase

membership in the province. Incentives such as reductions in membership fees for new members were proposed in return for support of CARP by SSM.

While SSM shares with CARP the general goal of advocating for and protecting the rights of seniors, the decision of the Board was to avoid major endorsement of CARP activities and initiatives at this time due to a number of philosophical differences between the respective organizations and possible conflict with expectations of SSM sponsoring agencies in Saskatchewan. The Board did, however, agree to allow CARP to place a paid advertisement in "Gray Matters" in return for the opportunity of submitting information to CARP for publication in CARP's "50 Plus"

magazine.

The review and evaluation of requests for funding to recreational organizations from the Saskatchewan Lotteries Trust Fund was a major component of the meeting. A total of five requests were submitted. While SSM does not control the distribution of funds, it is highly influential in determining such distribution. Requests evaluated and recommended for funding were as follows:

- 55 Plus Games, a Walking Program and Workshops, Clinics and Seminars - Saskatchewan Seniors Fitness Association
- 20th Anniversary Congress for Francophone Seniors - La Federation des Aînés Fransaskois
- Newsletter titled *Coming of Age* - Saskatoon Council on Aging Inc.
- Newsletter insert in "Gray Matters" - Saskatchewan Seniors Association Inc.
- Lifelong Learning Opportunities Program - University of Regina Seniors' Education Centre.

Hillside School Reunion

The Hillside School in Estevan is closing on June 27, 2003. All present and past students and staff and their families are invited to a Family Barbecue (minimal charge) on Saturday, May 17th 11:30 - 4:30 p.m. at the school on Eva Street in Estevan. Both long time former principals plan to attend.

**COME AND JOIN IN THE FUN AND
CELEBRATE MANY YEARS OF EDUCATION AND MEMORIES.**

Please let us know if you're coming.

Contact: hillside@cap.estevan.sk.ca or Hillside School, 637 Eva Street S4A 1N9 (634-5945) www.cap.estevan.sk.ca/hillside

**Needed!
Hosts
for
Recreation
Activities
2004-2005**



If interested, contact

STS Office or

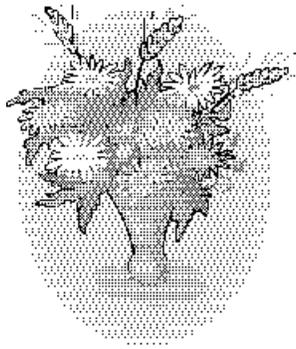
Ed Magis 783-3350,

Rita Carriere 584-1139 or

Mike Kaminski 593-2222

Note to Superannuates:

The Saskatchewan Bulletin office would like to hear from any superannuates who were previously receiving the publication but have experienced an interruption in their mailout due to a database changeover which occurred this past summer. If you are not currently receiving the Saskatchewan Bulletin but would like to . . . please contact Angie den Brok at 1-800-667-7762 or (306) 373-1660, ext. 270 or e-mail to: bulletin@stf.sk.ca



In Memoriam

(If known, the last area taught and the maiden names of deceased women are included)

SUPERANNUATE

Aldrich, Oris
Archer, Bertha
Boh, Ronald
Chase, Mary (Nault, Ratch)
Clark, Boyd
Cogswell, Katherine (Smith)
Deacon, Alice
Dorsey, Orla (Donaldson)
Fritz, Sr. Rita
Garrett, Doris (Brown)
Gray, Grace (Smith)
Hanowski, Jack
Hess, George
Huber, Jack
Husulak, Paul
Kerr, Andrew
Kucey, Natalie (Barabash)
MacKay, Phyllis (Lewthwaite)
McEwen, Magdeline
McGuinness, John
McKenzie, Mary (Claxton)
Meek, Mildred (Mayer)
Michayluk, Peter
Nimetz, Volodmyr
Novicki, Nick
Palidwar, Jennie (Marak)
Robinson, James
Shultz, Virgie
Shih, Stephen
Stan, Nicholas
Summers, Nora
Toudy, Clara (Oakland)
Vantomme, Marie
Warkentin, Jacob
Wilyman, Pearl (Nelson)

DECEASED

Oct 11/02
 Apr 15/02
 Sep 13/02
 Oct 9/02
 Oct 23/02
 Nov 2/02
 Aug 6/02
 Sep 29/02
 Sep 29/02
 Oct 25/02
 Oct 1/02
 Sep 18/02
 Sep 19/02
 Oct 9/02
 Jun 21/02
 Aug 21/02
 Jun 2/02
 Nov 13/02
 Oct 22/02
 Aug 31/02
 Mar 18/02
 Oct 11/02
 Aug 24/02
 Oct 25/02
 Aug 3/02
 Nov 1/02
 Jul 15/02
 Feb 17/02
 Sep 12/02
 Sep 23/02
 Oct 30/02
 Jul 15/02
 Aug 30/02
 Oct 6/02
 Sep 16/02

LAST TAUGHT

Arcola SD
 Lloydminster Public
 Saskatoon SD
 Hudson Bay SD
 Sask. Rivers SD
 Davidson SD
 Saskatoon SD
 Estevan SD
 Regina RCSSD
 Paynton SD
 Thunder Creek SD
 Melville Comp
 Nipawin SD
 Nipawin SD
 Saskatoon SD
 Saskatoon SD
 Saskatoon SD
 Weyburn Comp
 Borderland SD
 Regina RCSSD
 Regina SD
 Shaunavon SD
 Prince Albert Public
 Regina SD
 Saskatoon #42
 Prince Albert Rural
 Moose Jaw SD
 Arcola SD
 Saskatoon SD
 Shamrock SD
 Yorkton SD
 Burstall SD
 Estevan SD
 Saskatoon SD
 Last Mountain SD

Well-known educator passes on

Our sincere sympathy is extended to Vera Chyzowski, her family and friends on the passing of her husband, John Chyzowski, on January 5, 2003.

Through his long and distinguished career in education, John was strongly committed to serve the needs of his students, teachers and fellow retired teachers. He was very much involved in the negotiations for the setting up of our Benefits Plan.