

# OUTREACH



To The Superannuated Teachers  
of Saskatchewan

## President's Report – Robert Wuschenny

With a winter like we are experiencing in many parts of the country, one hopes spring is not too far away. Hopefully, those of you fortunate enough to be able to escape to a warmer climate are able to soak up plenty of rays before you return because we still have several winter weeks left.

The Provincial Executive met on January 16 and 17, 2013. All our committees are working hard to achieve the goals they set. STS membership continues to grow and is currently at 10,046.

Our Budget, Finance and Audit Committee report a sound operating fund. The Committee also began work on a proposed budget for 2013-14.

Once again, the Executive reviewed and updated the STS Operations, Continuity and Disaster Recovery Plan. Likewise, the Group Benefits Committee reviewed the Saskatchewan Blue Cross claims experience. Happily, our Plans are doing well.

The Recreation Committee discussed STS Provincial Recreation events and noted that hosts are required for Bridge, Fishing, Kaiser and Stitch and Quilt for 2013. If we wish to continue with these Provincial events, host Chapters are required.

If your Chapter would be willing to host, please contact the STS Office or Calvin Bachmeier, Recreation Committee Chairperson. Several events (Bridge, Curling and Stitch and Quilt) were successfully hosted by Chapters this past fall. Many thanks to our host Chapters!

The Resolutions Committee reviewed all resolutions received thus far. Members and Chapters are reminded that there is still time to submit resolutions.

Plans for our 40th AGM are being firmed up by the AGM Committee. It promises to be an exciting AGM with a variety of interest sessions and entertainment, sure to inform as well as to provide enjoyment. Information regarding the AGM will be sent to all Chapter Presidents shortly.

I hope that teachers contemplating superannuation in the near future will take advantage of the upcoming Retirement Lifestyles Seminar to be held on March 9, 2013, at the STF Building. Registration deadline is March 1, 2013. Superannuates are asked to remind active teachers of this seminar and to encourage them to attend.

At its first meeting, the Ad Hoc Committee on Advocacy accepted the Committee Terms of Reference approved by the Executive at the

October 2012 meeting. As well, the Executive moved to elevate the Committee on Advocacy from an Ad Hoc committee to a Standing Committee. Jerry Mamer was appointed as the Chair of the Committee on Advocacy by the Executive.

As I visit Chapters throughout the province, I am afforded the privilege of meeting many members. I am impressed by the variety of interesting, informative and entertaining programs our Chapters provide for their members. Superannuates, it's a pleasure to meet you and to hear your concerns, needs and wishes. I look forward to meeting more of you in this half of the term. Invitations to visit Chapters are welcome. Please contact me at (306) 545-2512 or [r.wuschenny@sasktel.net](mailto:r.wuschenny@sasktel.net).

### Reminder Seniors' Drug Plan

If you are the primary plan holder of the STS Group Benefits Plan and are eligible for the Seniors' Drug Plan, please send a copy of the confirmation letter to the STS Office in order to have your monthly Extended Health premium reduced.

# Annual General Meeting

Elaine Broughton  
and Jerry Mamer

The 40th Annual General Meeting of the Superannuated Teachers of Saskatchewan will be held in Saskatoon at the Travelodge Hotel on Tuesday, May 14 to Thursday, May 16, 2013.

## Entertainment

Tuesday evening, entertainment will be "No Hurry". Following the banquet on Wednesday evening, the entertainment will be Roberta Nichol. Both evenings' entertainment are brought back by popular request.

## Interest Sessions

We will offer five Interest Sessions on Wednesday afternoon. Delegates may attend any three of:

- Senior Fitness – Forever In Motion
- Elder Abuse Prevention – SSM
- Estate Planning – TCU Financial Group
- Office of the Treaty Commissioner
- Gardening

## Chapter Presidents

You will soon receive a package of information from the STS Office. Please forward your list of delegates to the STS Office by April 1, 2013. The formula for this year will allow each Chapter to send two delegates for the first 60 paid members or portion thereof and one delegate for each additional 60 paid members or portion thereof.

Each delegate will receive a package of information in early April, after the STS Office has received the list of delegates from the Chapter President.

A McDowell Foundation Raffle will again be included in our AGM.

This, our 40th Anniversary, is sure to be another exciting Annual General Meeting.

## Congratulations

The 2012 recipients of the STS Bursary for University of Saskatchewan are Wesley Meyers and Crystal Schindel.

Retired teacher Cecilia Kachkowski of Saskatoon has compiled a cookbook, *Cooking With Cherries From The Prairies*, assisted by Lily Sawatzky, Loretta Bors, and Lesya Foty. On November 29, the Gourmand World Cookbook Awards 2012 declared *Cooking With Cherries From The Prairies* "Best in Canada" in the category of Fund Raising, Charity and Community Cookbook.

## Resolutions

Mike Kaminski

The Resolutions Committee met to review and consider submitted resolutions for the upcoming AGM.

Resolutions approved for the AGM include the following topic areas: Group Life Insurance – an escalator factor for superannuates over 65 years of age; amendments to the STS constitution to make it compliant with the STF local association requirements; and one to have an STS Executive member as a representative on the STF Collective Bargaining team.

Remember: Resolutions must be received by March 1st for publication in *Outreach*. Any received after this date will be considered late resolutions.

## Support Services

Calvin Bachmeier

The information packed Support Services website created by the Provincial STS may be accessed at [www.sts.sk.ca/support\\_services](http://www.sts.sk.ca/support_services) or contact your Chapter support person. Check out the "What's New" link, updated every month.

## Retirement Lifestyles

Shirley Henderson

STS will be presenting a Retirement Lifestyles Seminar on March 9, 2013, from 9:30 a.m. to 3 p.m. at the STF building in Saskatoon. Deadline for registration is March 1, 2013.

Please let all active teachers know of this presentation. There is a fee of \$30 to cover meal and incidental costs. If anyone wants information call the STS Office.

## Budget, Finance and Audit

Doug Haroldson

Financial Statements to November 30, 2012, for STS Operating Fund and STS Extended Health & Dental Fund were presented, reviewed and approved. Both funds are in a strong financial position.

The first draft of the Proposed Budget for 2013-14 was presented and discussed. The final draft will be dealt with at the March meeting. The Proposed Budget will then be published in *Outreach* for approval at the AGM in May, 2013.

# McDowell Foundation – Elaine Broughton

In January 2012 the previous McDowell Foundation Board was disbanded and a new Board was appointed. Meetings of the new Board were held in February, April, May, September and November with Lanette Kuchenski, Manager of McDowell Foundation. Board recruitment continues with the goal of appointing three additional members.

McDowell Foundation rebranding is underway to modernize and update. A conflict of interest policy

is being drafted, and a research dissemination strategy is being developed in order to create awareness, recognition and possible uses of research outcomes.

In 2012 the McDowell Foundation Research Committee was established. This committee will begin an informal assessment of the Foundation's research application and granting process as well as address recommendations that have been forwarded from the Project Review Committee.

Throughout this period of rejuvenation, the McDowell Foundation has continued to operate: twelve research grants were awarded in 2012; the Learning From Practice Conference was held in November; and, research grants totaling \$85,000 will be awarded in 2013.

The McDowell Foundation operates on the generous donations of individuals and corporations that support action research. More information can be found on the website: [mcdowellfoundation.ca](http://mcdowellfoundation.ca).

## Outreach

Joyce Hoffman

We need your help by writing and making contributions to the *Outreach*. If you know of or are a superannuate who has made a difference, please submit a report for the "Spotlight on Superannuates" or "Superannuates Make a Difference" on what you or the superannuate has done. We have many talented Superannuates that have made a difference and we would like you to share this provincially with your fellow superannuates. The write-up need only be a few paragraphs telling us about your accomplishments.

We are also requesting every Chapter to do a short write-up on the Chapter's activities. This only needs to be a few sentences long. We would love to hear what your Chapter is busy doing. Please share this with your fellow superannuates.

Reports can be forwarded to the STS Office. Thank you in advance.

## Cost of Living Adjustment

Effective January 1, 2013, retired teachers and beneficiaries receiving a pension from the Teachers Superannuation Plan or the Saskatchewan Teachers' Retirement Plan will be paid a cost of living adjustment of 1.4 per cent.

For those individuals whose pension payments commenced during the 2012 calendar year, this increase will be pro-rated to reflect their retirement date.

## Nominations

Margaret Martin and Fred Herron

Please consider letting your name stand for election to the STS Provincial Executive.

Please submit your name and short autobiography to the STS Office as soon as possible.

Candidates will be requested to present a short speech on Tuesday, May 14, 2013, at the STS AGM.

## ACER-CART

George Georget

ACER-CART has been our constant advocate to the Federal Government since ACER-CART was constituted twenty-one years ago. In accordance with resolutions passed during the ACER-CART AGM in June 2012, President Thomas Gaskell wrote to the Prime Minister on December 20, 2012, concerning three recommendations:

- The appointment of a National Medicare Oversight Council.
- Assure the implementation of national standards.
- The establishment of a comprehensive national pharmacare program and a national pharmaceutical formulary.

In an effort to strengthen our advocacy work with the Federal Government, ACER-CART member organizations have agreed to reinforce this critical advocacy work at the National level in whatever manner possible with their respective provincial and territorial Members of Parliament.

# Group Benefits

Margaret Martin

The Group Benefits Committee reviewed the Health and Dental Claims Experience Reports for January 2012 to December 2012. It was noted that for the July 2012 to December 2012 period for the Extended Health Plan there was a surplus of about \$240,000 and for the Dental Plan a surplus of about \$200,000. This would be for the first six month period of the first year of the new contract. This present contract will remain in place until June 30, 2015. We also reviewed the membership numbers in both plans as of January 11, 2013.

Bob Wilhelms, Jody Collin, and Leslie Donsberger from Saskatchewan Blue Cross joined our meeting to present information regarding the telephone survey conducted jointly by Superannuated Teachers of Saskatchewan and Saskatchewan Blue Cross. This survey was taken during the first weeks of December 2012. Seventy two benefit plan members took part in the survey. Many positive responses were received regarding the information and the satisfaction that the members of STS have come to appreciate and value from the Group Benefits Plan. Feedback was collected that will be utilized to achieve greater efficiencies within both STS and Saskatchewan Blue Cross. Thirty-seven non-participants in the benefits plan were contacted and responded to questions, as well. Information from the STS Office and Saskatchewan Blue Cross, from the STS website, and from *Outreach* continue to be important ways to communicate to our members.

Information for all STS members about the STS Group Benefits Plan can be obtained on the STS website ([www.sts.sk.ca](http://www.sts.sk.ca)) or by calling the STS Office at 306-373-3879.

# Spotlight on Superannuates



## Assiniboine Chapter

The name of this Chapter was suggested because of the proximity of the river to the Kamsack and Canora communities. The Chapter was organized on March 26, 1980, with 13 members present. The fee was set at \$5 – \$3 for the provincial fee and \$2 for the local fee.

The first president to serve was Wasyl Stinka. An Honorary Life Membership was received by P. L. Wlaschuk in 1987. He was an administrator in the Kamsack School Division. He helped to organize the Assiniboine Chapter and served as President of the provincial STS.

In 1983 and 2003 the Chapter hosted the STS Curling Bonspiel.

In 1991 the Chapter hosted the provincial Golf Tournament.

Members who have served on the Provincial STS Executive:

President; P.J. Wlaschuk

Member-at-Large: Ernie Gabora, Ernie Mazur, Maxine Stinka

Councillor: Mike Kaminski and Maxine Stinka

Honorary Life Members: P.L. Wlaschuk 1987, Ernie Gabora 2004, Ernie Mazur 2006

### Geography:

The Assiniboine River has its headwaters just southeast of Greenwater

Provincial Park in the Nut Mountain district. It flows in a southeasterly direction through Kamsack and into the Lake of the Prairies across the Manitoba border. Joined by the Qu'Appelle River at St. Lazare, the Assiniboine eventually flows eastward into the Red River in downtown Winnipeg. Like many prairie rivers, the Assiniboine occupies a former glacial spillway, flowing through a valley far too large to have been carved by the modern-day river. The Assiniboine was an important link in the Fur Trade and was probably seen by Henry Kelsey on his journey into the prairies in 1691. In 1774, when Matthew Cocking travelled inland with Samuel Hearne to establish the Hudson Bay Company's first inland post at what became Cumberland House, Cocking's guides and members of the Sturgeon Cree wanted the post located in their territory on the upper Assiniboine instead. Over the years, a number of trade posts were established along the river. The town of Pelly serves as a reminder of this fur trade connection. Several First Nations' reserves located along the Assiniboine, north of Kamsack, also attest to the historic importance of this region to Saskatchewan's First Nations.

Check out our website at [www.sts.sk.ca](http://www.sts.sk.ca)



## Upcoming Events

Recreational Activities Participation STS Style . . .

### Bowling

Date: May 1-2, 2013  
Host: Regina Chapter  
Place: Glencairn Bolodrome  
Contact: Terry Gabriel 306-789-2592  
Email: terrygabriel@sasktel.net

### Bridge

Host needed for 2013.

### Curling

Date: Nov 2-4, 2013  
Host: 2013 Carrot River Valley Chapter (Melfort & District)  
Contact: Garry Forsyth 306-752-2605  
Email: ggmf@sasktel.net  
Host 2014 Prince Albert Chapter.

### Fishing

Host needed for 2013.

### Golf

Date: June 10-11, 2013  
**(please note corrected date)**  
Host: Northwest Chapter  
Location: Goodsoil Northern Meadows Golf Course  
Contact: Ron Moormann (306-238-2143)  
r.moorman@sasktel.net

Look at the STS website for further accommodation listing.

Host 2014 Humboldt Chapter.

### Kaiser

Host needed for 2013.

### Stitch 'N Quilt

Host needed for 2013.

It has been brought to our attention that an error was made in the Recreation Activities Summary Chart in the November/December 2012 *Outreach*. Under the column Quilting it states that Souris Moose Mountain hosted the retreat in 2005. Although it was held at Kenosee Lake in this area, it was hosted by Mainline Chapter. Mainline Chapter has, in fact, organized three of the eight retreats to date. Our apologies for this error.

*If Chapters are interested in hosting provincial events please contact the STS office or a member of the Recreation Committee. We would also be open to any proposals for new events.*

## Provincial Bridge Tournament 2012

The Regina and Mainline Chapters sponsored the STS Bridge Tournament in Regina at the Best Western Seven Oaks Inn on October 2 and 3, 2012. Twenty-eight participated Tuesday evening in the Individual game and 32 played on Wednesday morning and Wednesday afternoon in the Pairs and Team games. The following were the winners:



1st Place Individual



1st Place Pairs



1st Place Team Game

### Individual Winners:

- 1st Jean Hanson
- 2nd Rosemary Makelki

### Pairs:

- 1st Lawrence Gellela  
Marie Gellela
- 2nd Don Keith  
Judy Hanson

### Team Game:

- 1st Donna Campbell, Rae Trite,  
Fred Owatz, Adele Owatz
- 2nd Gail Charles, Rosemary Makelki,  
Leslie Martin, Audrey Brunch

## STS 2013 Golf Registration

- June 10 and 11 – Northern Meadows Golf Course – Goodsoil
- All entrants must pre-register by May 31, 2013
- Entry fee \$125 – Includes golf (36 holes), supper (Monday), and carts (both days)
- Make cheques payable to: STS Golf – 2013
- Mail Registration and Fee to:  
Florence Arlitt, Box 61, Loon Lake, SK S0M 1L0
- For further information contact:  
Ron Moormann 306-238-2143  
email: r.moormann@sasktel.net

Registration fee	= \$	125
Extra supper ticket	___ X \$20 = \$	_____
<b>TOTAL ENCLOSED</b>	= \$	_____

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Categories:

- Women     Senior Women (+70)  
 Men         Senior Men (+70)

Usual 18 hole score \_\_\_\_\_ or Handicap \_\_\_\_\_

Please use a separate form for each entrant.

## STS 2013 Bowling Registration

- Wednesday, May 1 & Thursday, May 2, 2013
- Glencairn Bowling Alley, 1620 - 9th Ave. E. Regina, SK
- Entrants may register as a single or as a team.
- Entry Fee is \$65 per bowler (Includes bowling fee, banquet, lunch and prizes)
- Deadline for Registration is April 15, 2013.
- For further information contact:  
Terry Gabriel 306-789-2592    tgabriel@sasktel.net  
Dave Coleman 306-949-8270    dcoleman@accesscomm.ca

Team Name: \_\_\_\_\_

Name of Team Captain: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Team Members:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### Single Entry:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Entry fee \_\_\_\_\_ X \$65 = \$ \_\_\_\_\_

Extra banquet tickets \_\_\_\_\_ X \$20 = \$ \_\_\_\_\_

**TOTAL ENCLOSED** = \$ \_\_\_\_\_

*Make cheques payable to: Terry Gabriel  
 Mail entries to: Terry Gabriel, 2226 Camas Bay, Regina, SK S4V 2T7*

## Provincial Curling 2012 Results



### November 5-7, 2012

Twenty teams with over 80 players took part in the STS Curling Bonselpeil hosted by the Saskatoon Chapter.

### Trophy Winners

Anderson Trophy:  
Larry McCallum

STS Trophy:  
Don Mantyka

Assiniboine Trophy:  
Larry Wentland

Saskatoon Trophy:  
Norbert Gaudet

Consolation "E":  
Len Kirkland

# Saskatchewan Seniors Mechanism

Mike Kaminski

## SSM Board Meeting – January 9, 2013

The board reviewed the SSM programs and their ongoing developments.

The annual conference will be held in McKenna Hall in Weyburn on June 11 & 12. The elections for this coming year will include the following: Secretary, Treasurer and four members at large. All nominations must be at the SSM Office by 4:30 p.m. April 30, 2013.

Five member organization reports were presented to SSM. Holly Schick, Executive Director reminded members that the general thrust of each report was to be general overview of the member organization's activities.

The board discussed requests from Member Organizations to be observers at Board Meetings.

There was a consensus to have invitational day if members wanted

to have some exposure to SSM's operational culture.

SSM travel rate will be 41 cents, with 44 cents for north of the 54th parallel effective April 1, 2013 except for specific projects where primary funding comes from the Federal Government.

The SSM board passed a motion that the main priorities for 2013 be health, housing, elder abuse, and communication with member organizations & with all three levels of government.

The SSM board also received Holly Schick's strategic operational plan for the next four years. This plan will include a continued Consultation workshop on an annual basis along with a member President's meeting somewhere around the time of the AGM.

The next board meeting is set for March 13.

# 30th Anniversary

On Monday, February 18 the Tisdale Chapter of STS is celebrating the 30th Anniversary of the Chapter by having an afternoon program, with a special cake, strawberries and ice cream to follow. There are still five of the 18 founding members alive and we are hoping to have all of them in attendance. They have been invited to share some of their teaching experiences, STF and STS experiences, or whatever they wish to share with us. In that 30 years the Chapter membership has grown to 101.

## Awards of Merit

The Assiniboine Chapter held its Christmas meeting social at the Canora Activity Centre on Thursday, December 13. Mike Kaminski, Assiniboine Chapter president, welcomed Mr. Robert Wuschenny, Superannuated Teachers of Saskatchewan President, and his wife Adeline. Robert presented an overview of STS activities to the sixty plus members and spouses.



On behalf of the chapter, Robert presented Awards of Merit to Taras Korol of Canora and Bernice Makowsky of Kamsack for their exemplary service to the chapter over the years.

# From The Editor's Desk

Greetings,

This is coming from frigid Saskatchewan. We are in the deep freeze! But hopefully our hearts are warm, and we are all managing.

Continuing from the last issue talking about what one needs in the event of the death of a spouse.

The loss can be heart breaking, numbing and full of uncertainty. The paperwork that needs to be done at this time can be very overwhelming.

Following is a list of some of the information and paper one needs to be able to put their hands on immediately:

- "what are the wishes of your spouse"
- the will
- spouse's birth certificate
- spouse's social insurance number
- the marriage certificate
- bank accounts (which bank and what numbers)
- safety deposit box (what bank and where is the key)
- title(s) to the car, house and any property
- driver's license
- deceased's passport
- any insurance policies (what company and what number), a list of investments and with which company.
- One thing you will need to know is the name and address and phone number for the company

from which your spouse is receiving his/her pension.

If you do not have a significant other, this information would be valuable for your Executor or someone with your trust.

Please remember that these are just some of the things that need to be done. Everyone is in a different situation.

The death of a loved one can be very overwhelming, but if you have some of this information available it will be a little easier to deal with.

Take care, stay warm and have a healthy, safe and prosperous new year.

Shirley

## STS Executive 2012-13

<b>President/Councillor</b>	Robert Wuschenny, Regina Chapter
<b>Vice-President/Councillor</b>	Doug Haroldson, Maple Creek-Medicine Hat Chapter
<b>Past-President/Councillor</b>	Margaret Martin, Saskatoon Chapter
<b>Executive Secretary</b>	Fred Herron, Saskatoon Chapter
<b>ACER-CART Representative</b>	George Georget, Saskatoon Chapter
<b>Councillors:</b>	
Calvin Bachmeier	Maple Creek-Medicine Hat Chapter
Joyce Hoffman	Swift Current Chapter
Mike Kaminski	Assiniboine Chapter
Gerald Mamer	Saskatoon Chapter
Maxine Stinka	Assiniboine Chapter
<b>Members-At-Large:</b>	
Elaine Broughton	Saskatoon Chapter
Judy Buzowetsky	Weyburn Chapter
Delmer Friesen	Kerrobert Chapter
Shirley Henderson	Prince Albert Chapter
Roger Marchand	South Central Chapter
Kate McCorriston	Nipawin Chapter
Sunil Pandila	Moose Jaw Chapter



To control costs, one copy is sent to households where both spouses are members. If this is not satisfactory, please contact the STS office in Saskatoon.

**The Outreach is available online. Please email the STS Office if you wish to receive notification when it is posted on the website instead of receiving a hard copy.**

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Email: [sts@stf.sk.ca](mailto:sts@stf.sk.ca)  
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